

BukowaCup

14-16 August 2020

BULLETIN no 1

Competition of the Poland Central Calendar (coefficient of Z=1.10)



Flamma.

świeca rzepakowa

ORGANISER

Klub Orientacji Sportowej BnO Szczecin
Somosierry 32c
71-181 Szczecin, Poland

CO-ORGANISERS

Urząd Miasta Szczecin
Urząd Marszałkowski Województwa Zachodniopomorskiego
Polski Związek Orientacji Sportowej
Zachodniopomorski Okręgowy Związek Orientacji Sportowej
UKS Sprint Pełczyce
Rada Osiedla Podjuchy
SP 47 w Szczecinie

PARTNERS

Etcetera Reklama Szczecin
Ekspert Zdrowia
Gospodarstwo Agroturystyczne „Mała Wenecja”
Fotopoligraf.pl – fotografia ślubna i studyjna
Decathlon Szczecin
Szczecin Floating Garden
Szczecin Kibicuje
Nadleśnictwo Gryfino
Biernat Chłodnictwo Klimatyzacja Wentylacja
Flamma.
Mariano Italiano
Lech Free

RANK & FORM OF THE COMPETITION

Orienteering: Individual competition, combined ranking after three courses;
Competition ranked by CTZ, Z=1,10 ratio
Trail-O: Individual competition, separate rankings for TempO i PreO

THE ORGANISER'S TEAM

Director: Bartłomiej Mazan

Head Referee: Hubert Kula

Referee at the start: Krzysztof Polec

Referee at the finish line: Artur Haptar

Speaker: Sławomir Cygler

Cartographers:

E1: Hubert Świerczyński

E2: Wojciech Dwojak, Jacek Morawski

E3: Hubert Świerczyński

Pre0 i Temp0: Bartłomiej Mazan

Sportiden Service: Joanna Kotkowiak, Hubert Świerczyński

Course builders:

E1: Bartłomiej Mazan

E2: Wojciech Dwojak i Jacek Morawski

E3: Bartłomiej Mazan

Pre0 i Temp0: Bartłomiej Mazan, Aleksandra Mazan

THE OFFICE

The office can be found every in the Competition Centre

DATE AND PLACE

14.08.2020 (Friday)

E1 - Sprint – Podjuchy GPS 53.365987, 14.599494

Alberta Willemskiego Park, Krzemienna Street, Szczecin

15.08.2020 (Saturday)

E2 - Classic and Pre0 – Bukowa Forrest GPS 53.322093, 14.706036

glade near "Leśnictwie Kołowo"

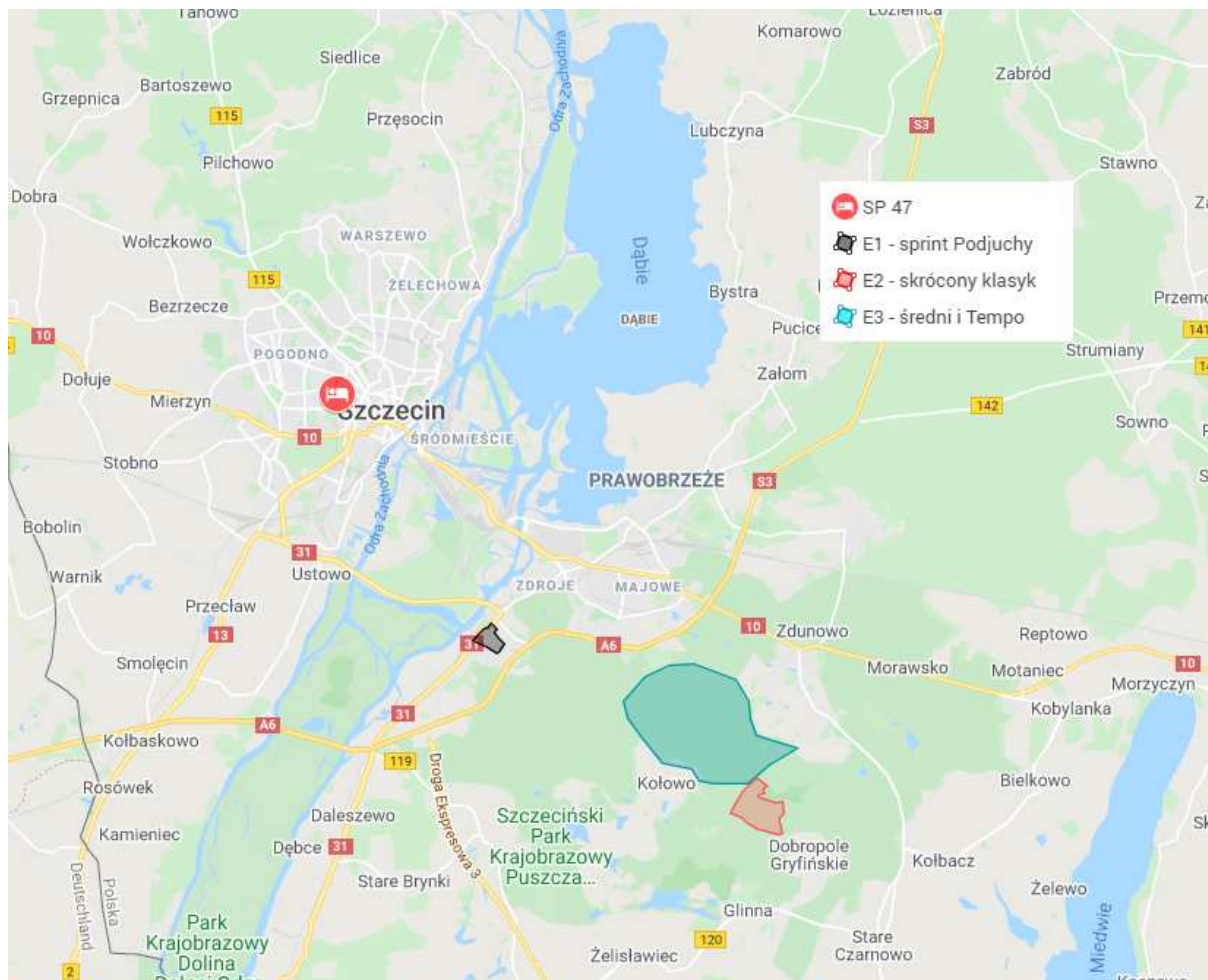
Forrest sprint – Szmaragdowe Lake GPS 53.373678, 14.617824

Former Restaurant "Grota" at the end of Grabowa Street

16.08.2020 (Sunday)

E3 - Middle and Temp0 – Bukowa Forrest GPS 53.322093, 14.706036

glade near "Leśnictwie Kołowo"



PROGRAMME

We strongly encourage all the participants to enter both orienteering and Trail-0 coursed. For those who will participate in both events, the organisers will adjust their starting minutes.

14 August (Friday):

- 17:30 – Competition Centre opens
- 19:00 – E1 sprint

15 August (Saturday):

- 8:30 – Competition Centre opens
- 10:00 – E2 Classic
- 10:00 – Pre0
- 17:00 – Forrest sprint

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16 August (Sunday):

8:30 – Competition Centre opens

10:00 – E3 Middle

10:30 – Temp0

14:00 – Closing ceremony

PARTICIPATION

According to the PZOS rules, every competitor who wishes to participate in competitions ranked in CTZ has to prove that they have a valid license issued by PZOS in order to compete for PZOS's ranking points. Lack of such licence does not interfere with taking part in Bukowa Cup, that competition is open for every participant.

All participants are required to have been checked medically before the competition and have been cleared for taking part in sports competitions. Partakers who can't verify that they have been cleared by a doctor, have to state that they are taking part in the Bukowa Cup for their own responsibility.

All participants registered as impaired have to deliver a proof as in line with PZOS rules (attachment 2 of the PZOS licence rules)

MAP AND TERRAIN CHARACTERISTIC

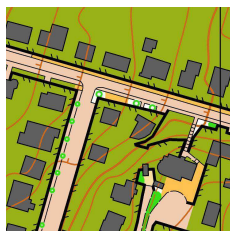
Stage 1

Sprint:

Three types of terrain: typical Polish estate form the 90's; flat terrain with long rows of detached houses next to one another with substantial differences in altitude; park with decreased mobility and substantial differences in altitude.

Map: "Podjuchy" – scale 1 : 4 000, e=2m, format: A4, July 2020, H. Świerczyński

Never before used for Orienteering.



Stage 2

Classic:

Typical morain with mobility scaling from very good to very limited. Well-developed route network. Forrest is highly-exploited economically.

Scale for K/M16-35 - 1 : 15 000, for others - 1 : 10 000, e=5m, format: A4, Summer 2020,
 W. Dwojak, J. Morawski - **NEW MAP**
 The old map:



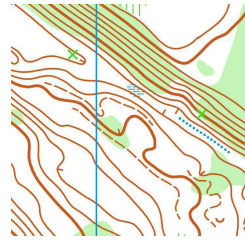
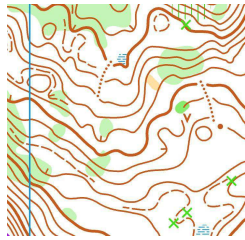
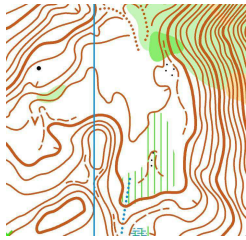
Pre0:

scale 1 : 4 000, e=2m, ISSOM 2007, format: A4, summer 2020, B.Mazan
 Estimated number of points: 15
 Never before used for Trail-0

Forrest sprint:

Remainings of an old chalk mine. Various terrain with multiple steep slopes. Mobility limited with local wetlands. Competitors on a wheelchair are advised to enter the terrain with a guide.

Map: „Chalk Mine” - scale 1 : 4 000, e=2m, ISSOM 2007, format A4, Summer 2019, W. Dwojak



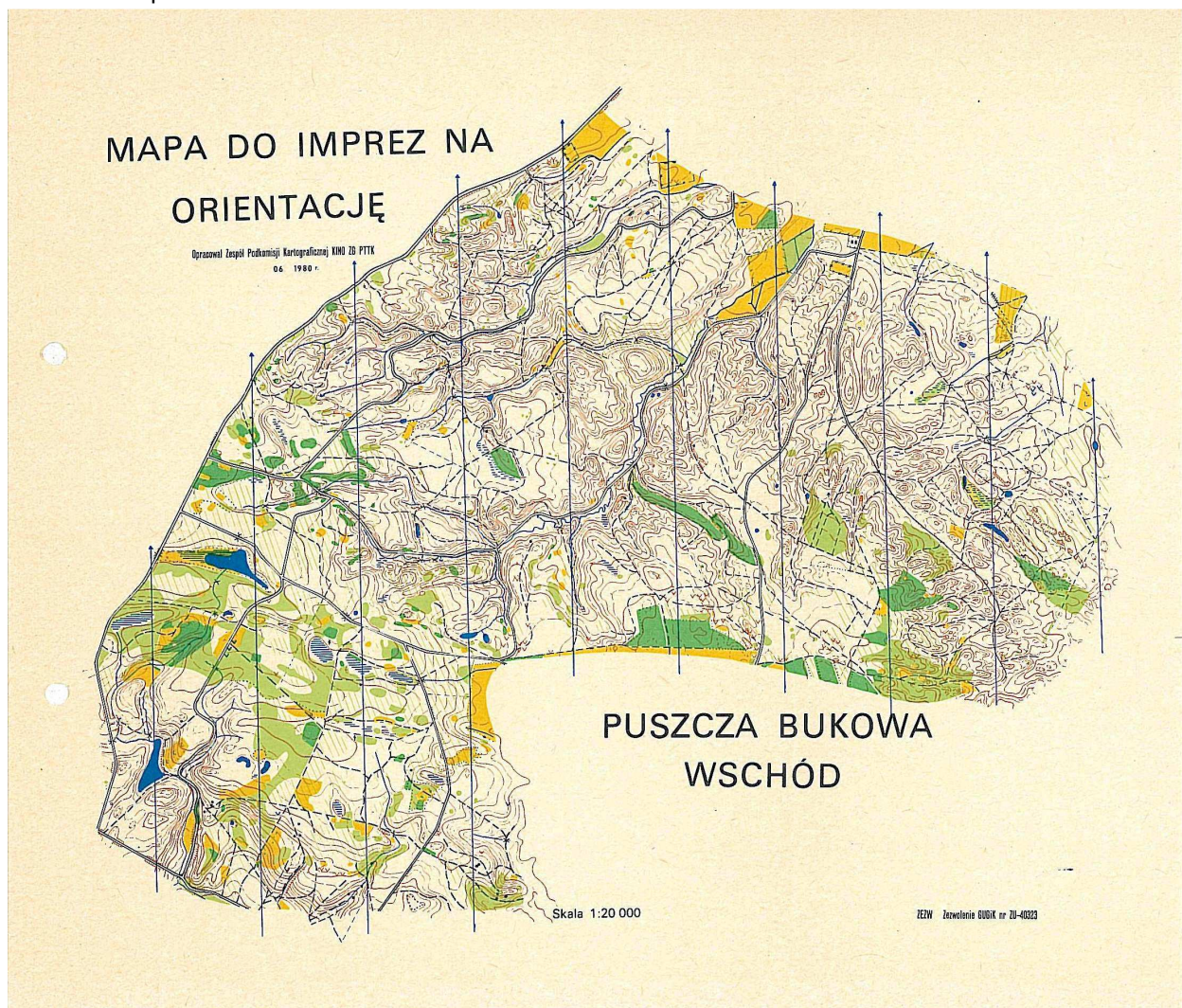
Day 3

Middle.

Typical morain with mobility scaling from very good to very limited. Well-developed route network. Forrest is highly-exploited economically.

scale 1 : 10 000, e=5m, format A4, summer, H. Świerczyński

The old map:



Temp0:

Typical morain with mobility scaling from very good to very limited. Well-developed route network. Forrest is highly-exploited economically.

scale 1 : 4 000, e=2m, ISSOM 2007, format A4, summer 2020, B.Mazan

Estimated number of stations: 5

Never before used for Trail-0

CATEGORIES

Orienteering:

K10N, K10, K12, K14, K16, K18, K20 K21, K35, K40, K45, K50, K55, K60, K65, K70, K75, K80, K85, K90+

M10N, M10, M12, M14, M16, M18, M20, M21, M35, M40, M45, M50, M55, M60, M65, M70, M75, M80, M85, M90+

LEISURE COURSES:

N – course with markings

SHORT - easy, short, suitable for beginners of every age

MIDDLE - slightly harder and longer for more advanced participants of every age

LONG - the hardest and most exploiting for advanced runners of every age

FAMILY - very easy and short, for parents with small children

Pre0 i Tempo

OPEN - for every participants no matter the sex, age and level of impairment

PARA - for every participant with documented impairment (attachment no 12a of the PZOS's license book)

MŁODZIK - for every participant who is 14 years or younger (birth year of 2006 and later) no matter the sex

CONTROL POINTS

The Bukowa Cup will use the electronic system to verify competitor's points validation - Sportident. The event's version of the system does not require physical contact using Sportident AIR+ capabilities.

It is possible to rent SI chips from the Organisers. Should you require that kind of help, please make sure to note that in your registration form.

PreO competition will be conducted with traditional start cards. Time Trials will be recorded with the help of TiM app.

TempO will use a TiM app to conduct the event. Participants will be additionally equipped with cards as a backup.

REGISTRATION AND ENTRY FEE

DEADLINE	TrailO	BukowaCup				Forrest Sprint
	Elite (Open, Para, Młodzik)	K/M 10-14	K/M 16-18	K/M 20 and older	OPEN	
UNTIL 9th of August	25 PLN per stage	50 PLN	80 PLN	100 PLN	70 PLN	20 PLN
FROM 10th of August or at the event (as long as there still are vacant spots)	40 PLN per stage	70 PLN	100 PLN	120 PLN	90 PLN	30 PLN

Sprint in KM10-14 category or Family course - 15 PLN

One-time participation in a stage - 30 PLN/stage

SI AIR+ chip rental (for the course of the entire event) - 15 PLN (limited supply)

SI older (contact) chip (for the course of the entire event) - 10 PLN

Lost SI chip - 300 PLN/chip

Changes to previously registered entries after 9th August or at the event - 10 PLN

Renouncement from the competition - We cannot guarantee any refunds in case of resignation after the entry fee has already been paid

Competitors who registered for the event but didn't make it to the start line are obliged to cover 50% of the entry fee.

We encourage all the interested to register for the event using our e-mail address:

kontakt@bno.szczecin.pl

You are allowed to make changes in your data (incl. SI chip number) until 9th of August.

The entry fee should be wired using bank transfer to:

Stowarzyszenie Klub Orientacji Sportowej BnO Szczecin

IBAN 13 1950 0001 2006 2172 4628 0001

SWIFT IEEAPLPA

IDEA Centrala

Bukowa Cup VII - 14-16 sierpnia 2020 - Szczecin

bno.szczecin.pl

In the title please enter:

BukowaCup 2020 and **Club Name (or the name of primary contact person)**

DINNER

It is possible to order dinner to the competition centre on Saturday and on Sunday.

Two-course dinner. Cost: 25 PLN/person

Additionally, throughout Stage 2 and Stage 3, the Competition Centre will run a buffet with a frill.

Competitors interested in a place to sleep or dinner packages are asked to deliver that information to: kontakt@bno.szczecin.pl

OFFICIAL BUKOWA CUP JERSEY

It is possible to acquire Bukowa Cup's official jersey. If you desire so, please make a note of willingness to purchase on kontakt@bno.szczecin.pl until the 31st of July. One jersey costs 100 PLN.

If you didn't make it till July the 31st, don't worry! These jerseys will still be available in the Competition Centre at 110 PLN a piece. Limited stock apply.



FOOTNOTE

Participants should be insured on their one. The organiser is insured from civic responsibility in accordance to Polish Law. The Organiser will provide medical help.

CONTACT

E-mail: kontakt@bno.szczecin.pl

Website: bno.szczecin.pl

Director: Bartłomiej Mazan mob.: +48 668 009 601

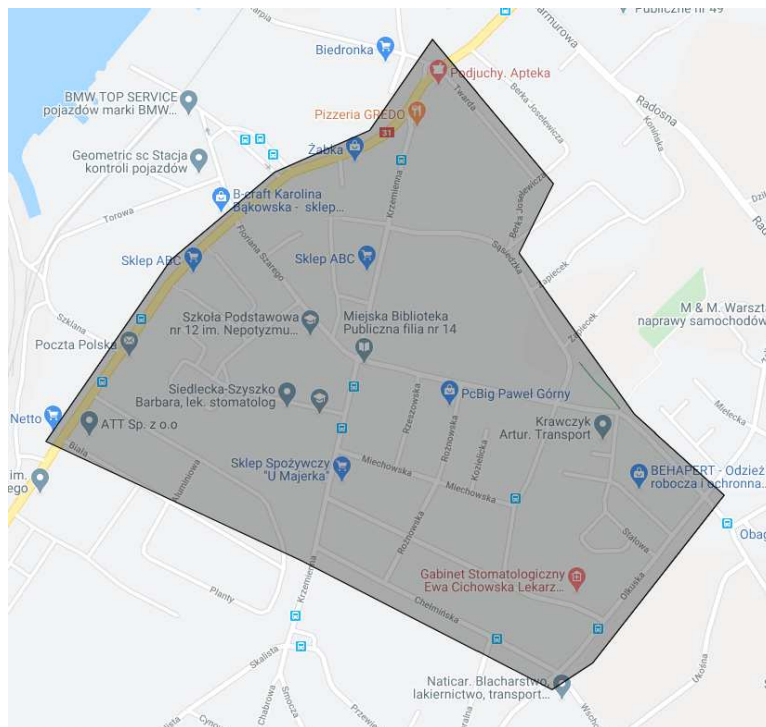
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bno.szczecin.pl

CLOSED TERRAIN

The Organiser closes the terrain in which the competition is going to held.
T&C's apply:

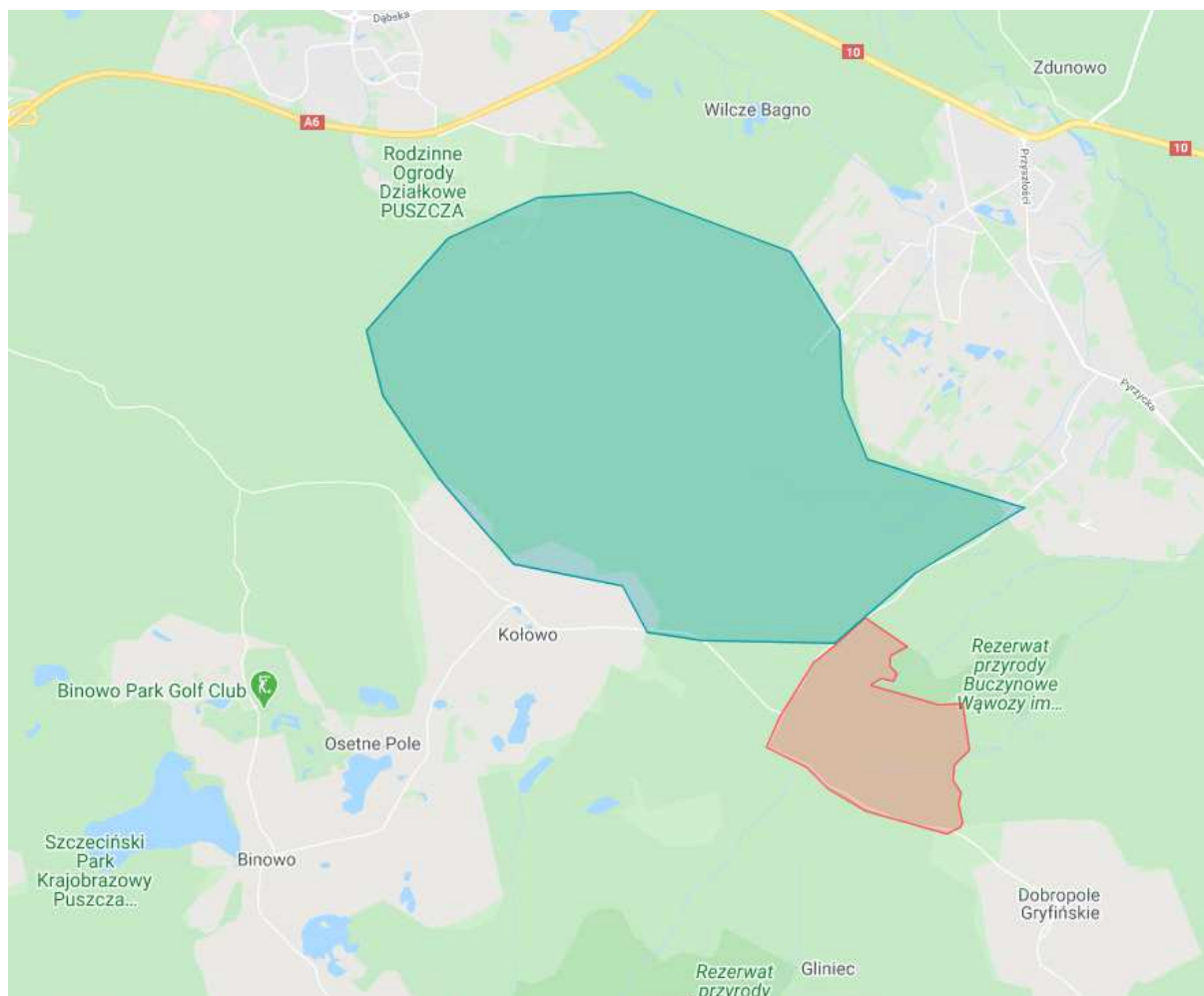
Sprint - Stage 1

It is acceptable to remain in the closed area as a resident, student or while in business or leisure travel. It is prohibited to remain in the terrain with orienteering map, running or orienteering.



Forrest Courses - Stage 2 & Stage 3 and Pre0 or Temp0

The closed area is banned from any physical activity, including walking, running, biking or skiing, etc. It is prohibited to organise other Orienteering competitions in this area.



INFORMATION AND RECOMMENDATION REGARDING COVID-19 PANDEMIC

1. Participants should apply social distancing at all times while in or around the Competition Centre.
2. It is recommended to wear a facial mask while in the Competition Centre, especially if a competitor predicts that maintaining social distancing could be difficult.
3. The Organisers will conduct the event so that there won't be more than 150 participants per hour on the course.
4. Please find and use the sanitizers accessible in the Competition Centre. Participants are obliged to sanitize before entering the Organisers Office.
5. The Office work will be conducted in order to maintain social distancing between competitors and organisers, including queueing 2m apart
6. Visits in the Office should be limited to a minimum amount of time. The caretakers and trainers are obliged to represent it's pupils in the Office. It's prohibited to approach the Organisers' Office or to queue with a child.
7. The Office will be maintained in a sanitary fashion with regular decontamination of touch points, such as: tables, SI dock, etc.

8. It's not required to wear a face mask while jogging/walking to the start line. It is recommended though to maintain social distancing.
9. There will be intervals between players starting.
10. Participants on the start line have to maintain distance from Organisers.
11. The Organisers in the office and on the start line will be equipped with facial masks and sanitary gloves.
12. SI docks located on control points will be contactless-ready. In order to turn on SIAC contactless mode in your SI chip, you have to first CLEAR your chip and then dock the CHIP to the START control point (non-contactless). Participants who do not possess SI AIR+ chips can still validate control points using ordinary SI chip dock.
13. Participants are not obliged to use masks while on the start line or on the course
14. Participants are asked to swiftly leave the Competition Centre after completing the course
15. The results will be published on Organiser's website: www.bno.szczecin.pl
16. It is essential for the participants who just entered the finish line and approaches the SI reading station to sanitize their hands before approaching the Organisers. Please also remember to apply social distancing while queueing.
17. We urge all those who have been in contact with people tested positively for COVID-19 to stay home!
18. We also recommend staying home to all those who live or are often in contact with elderly or chronically ill.
19. Stay home and seek medical help if you have any of these symptoms: fever, running nose, cough, shortness of breath, chest pain, loss of taste or smell, diarrhea.
20. We recommend bringing your own tissues, facial mask, sanitizer and a bottle of water
21. If possible, avoid public transport en route to the event
22. Bath thoroughly after coming back from the event
23. Launder your tracksuit
24. Remember about making sure you will not run out of sanitizers or tissues between event days. Or that you haven't lost your facial mask.
25. During Bukowa Cup, every course was built so that every category could have an entirely different route
26. Seek for available medical help if needed. The paramedics are always present in the Competition Centre
27. Registering for the event means that the participants accepts these rules, accepts Bukowa Cup rules and agrees to processing their data.