

A photograph of a forest landscape featuring a large, moss-covered rock formation. The scene is filled with tall, thin trees, some with green foliage and others bare. The ground is covered in moss and fallen branches. The text 'Sudety Cup' is overlaid in a stylized, purple font, with the 'C' in 'Cup' containing a white arrow pointing to the left.

Sudety Cup

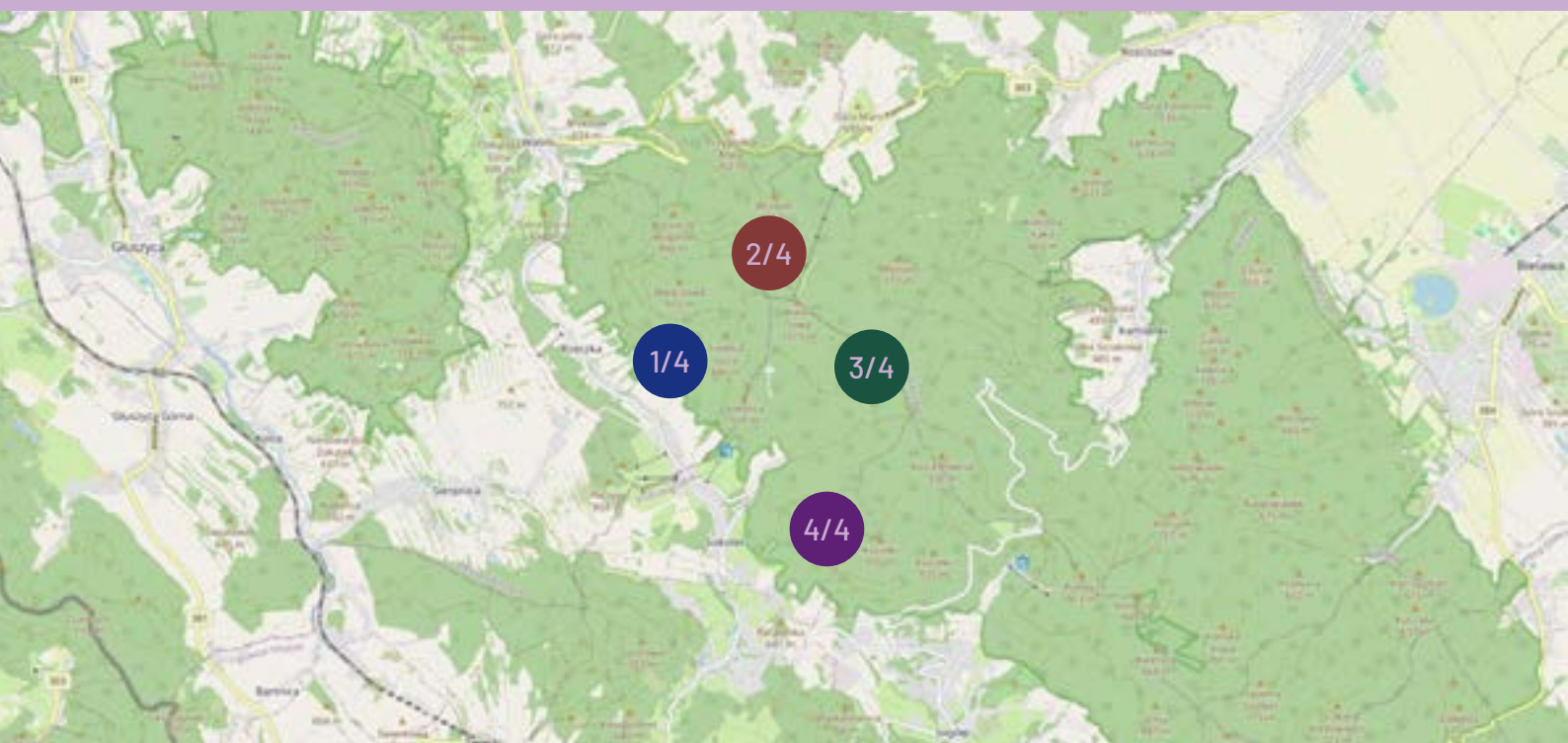


Abstract

We are approaching the jubilee fifth edition of Sudety Cup, which is sure to go down in the history of this event. All stages will take place in the pristine, untouched terrain of the Sowie Mountains, which has never before been used for orienteering. What is more, all four stages will share a common finish area, allowing for a compact and convenient Event Center located in a spot offering epic views of almost the entire Sudety range. In such stunning surroundings, the atmosphere is bound to be unforgetta-

ble and the demanding mountain forests will satisfy even the most discerning competitors. All of this comes with a serene, friendly atmosphere, perfect for connecting with others and unwinding after the sporting challenges. Get ready for extraordinary challenges and unforgettable experiences in the very heart of the Sowie Mountains. It is time to head to the mountains!

- Wojtek Dwojak & Jacek Morawski





1/4

Sokolica

middle distance
31.07.2025

2/4

Wielka Sowa

long distance
1.08.2025

3/4

Kozie Siodło

middle distance
2.08.2025

4/4

Grabina

chasing start
3.08.2025



Organizer

Dolnośląski Związek Orientacji Sportowej
ul. Borowska 1-3
50-529 Wrocław, Poland
sudety@sudetycup.pl

Co-organizer

Fundacja Slow Event
ul. Lindleya 16
02-013 Warszawa, Poland

Organizing committee

Event Director
Main Referee
IOF Adviser/Controller
Start
SPORTident
Cartography

Wojciech Dwojak
Jacek Morawski
Tadeusz Piłkowski
Arleta Sosenko
Marcin Leśnicki
Wojciech Dwojak, Jacek Morawski

Partners

International Orienteering Federation
Polish Orienteering Association
Walim Commune
State Forests
Forest Inspectorate Jugów
Forest Inspectorate Wałbrzych



Event rank

4-stage individual national ranking event, KM21E classes with WRE status during 3rd stage.

31.07-3.08.2025



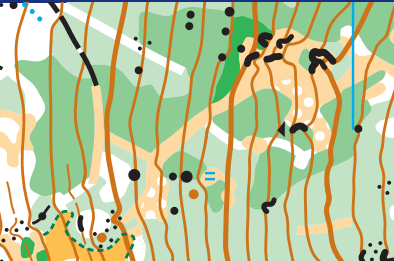
sudetycup.pl



1/4
Sokolica
middle distance
31.07.2025



2/4
Wielka Sowa
long distance
1.08.2025



Program
15:00 first start
20:00 finish closing

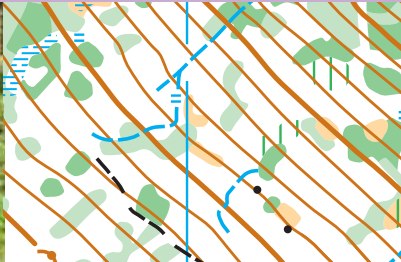
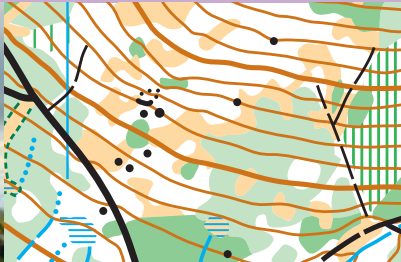


Program
11:00 first start
16:00 finish closing



The first stage of Sudety Cup promises to be an intense and thrilling challenge that will put even the most seasoned competitors to the test. The terrain will be marked by constant variability – from open areas to dense forests, from soft ground to rocky paths. Stones and rocks scattered along the course will demand precise map reading. This stage will be an **explosion of diversity**, forcing participants not only to push their speed but also to continuously adapt to the changing nature of the terrain.

The second stage takes you into the pristine wilderness around the majestic Wielka Sowa peak. As you traverse these wild terrains, you will encounter mysterious remnants of the former German „Riese” Project hidden on the mountain’s slopes. Expect stunning landscapes and navigational traps that will test your precision and quick decision-making. The terrain combines steep slopes with rocks and watercourses concealed in a forested labyrinth. This stage is the essence of **Sudety wilderness** – a challenge that will stay in your memory for a long time.





3/4

Kozie Siodło

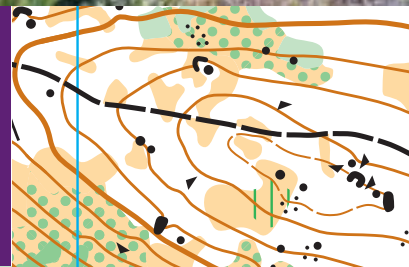
middle distance
2.08.2025



4/4

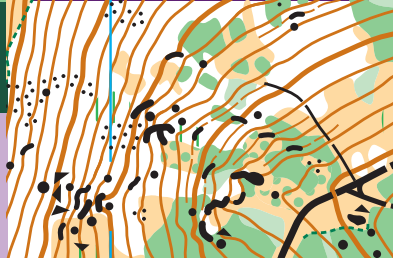
Grabina

chasing start
3.08.2025



Program

11:00 first start
15:00 finish closing



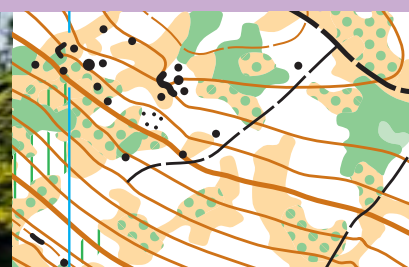
Program

10:00 first start
14:00 finish closing



The third stage is the most technically challenging part of the competition. The courses run through relatively flat areas with few distinct landmarks, requiring precise map reading and quick decision-making. Despite its seemingly gentle nature, the terrain hides numerous traps, including **marshes and dense undergrowth**. Every step here must be carefully calculated, as even a moment of inattention could cost valuable seconds. With a bit of luck, you might spot one of the area's inhabitants - a mouflon, the symbol of Sudety wilderness.

The final stage will take you into a world of **numerous rock formations and steep slopes**. Sharp as the peaks themselves, the courses will feature steep ascents and technical descents, testing both endurance and navigational skills. The dense forest, limiting visibility, will demand maximum focus and precise map reading, while the harsh terrain will push you to your limits. This challenging conclusion to the competition will not only highlight the beauty of the rocky landscapes, but also provide immense satisfaction to anyone who overcomes these difficulties.



31.07-3.08.2025

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Location

The Event Center and the finish for all four stages will be located at mountain shelter called Schronisko „Orzeł” in Rzezka, situated at an altitude of 875 meters above sea level. You will have the opportunity to book accommodation both at the shelter itself and at the official Sudety Camp campsite nearby.

Kid's zone

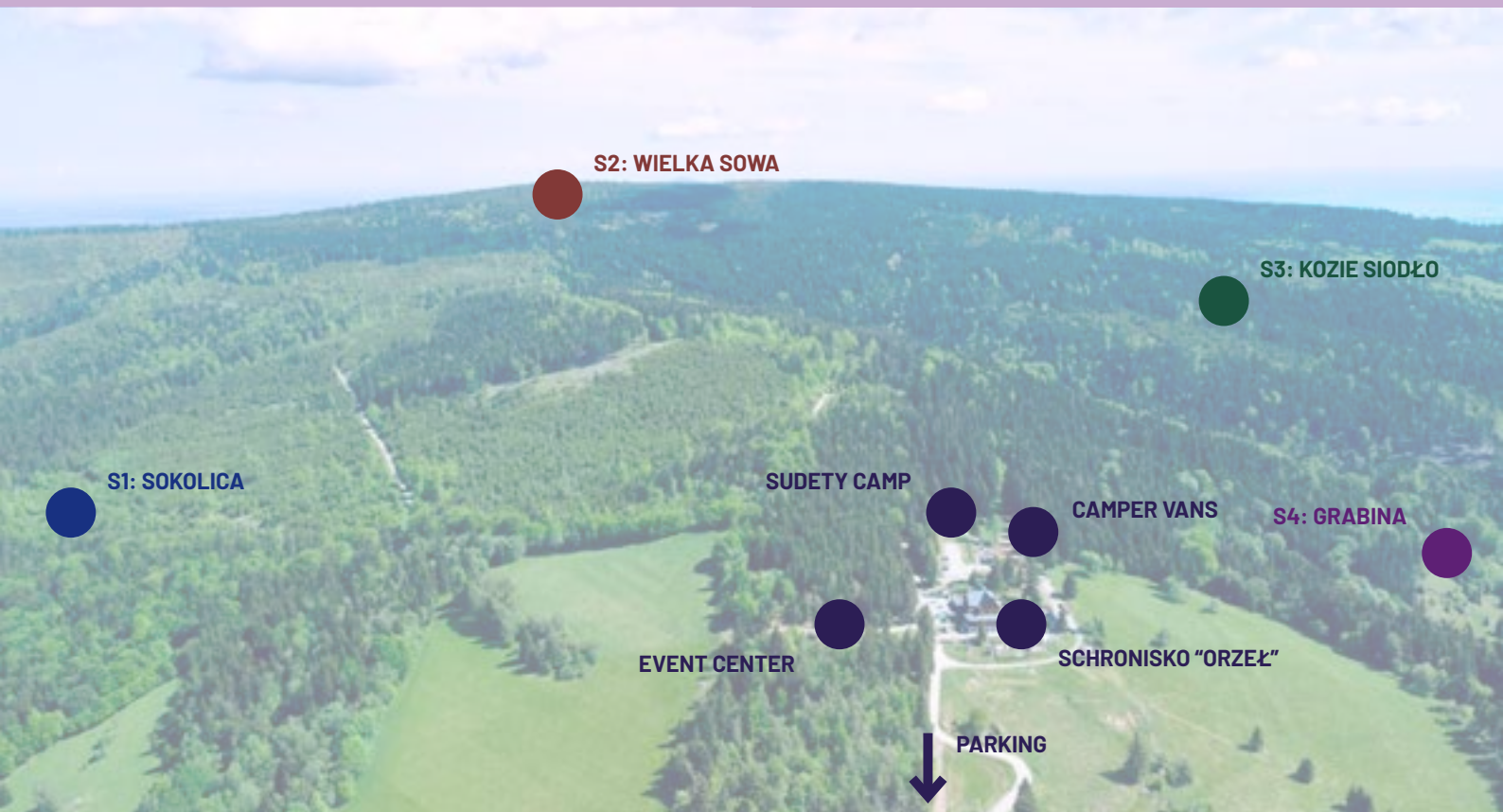
There will be Kid's zone with attractions for the youngest organized at each stage at the Event Center. Also, a special Mini-0 course for children located next to the Event Center will be available. Both Kid's zone and Mini-0 will be free of charge and available to all willing children without prior registration.

Parking

We provide free parking located 800 meters from the Event Center during the event.

Food

Each day at the Event Center, participants will have the opportunity to visit the „Piwnica Pod Orłem” restaurant, located in Schronisko „Orzeł”, as well as enjoy the barbecue buffet offering both cold drinks and snacks, as well as hot meals.





Entries

The deadline for all entries is **21.07.2025** or (if earlier) reaching the participant limit. Entries are to be made via Polish Orienteering Association entry system: <https://orienteering.org.pl/pzos/entries>

Participant limit

Limit of event participants is set at **1000 athletes**. After reaching the limit entries will be closed and registration of additional athletes will be possible only in the case of withdrawal of athletes entered within the limit.

Cancellations

It is possible to modify your entry details free of charge (including its cancellation) until **21.07.2025**. In case of entry cancellation after 21.07.2025 we do not provide any refund.

Sport classes

KM10, KM12, KM14, KM16, KM18, KM20, KM21, KM21E, KM35, KM40, KM45, KM50, KM55, KM60, KM65, KM70, KM75, KM80, KM85, KM90 (K for women, M for men)

The organizer reserves the right to combine classes in case of small number of entries.



Open classes

	Distance	Difficulty	Description
Rodzinna	1,5-2,0 km	easy	marked course for families (group/family participants)
Enka	1,5-2,0 km	easy	marked course for children (individual participants)
Krótka	2,0-3,0 km	easy	easy course for beginners who do not need marked course
Średnia	3,0-4,0 km	medium	for those who already have some orienteering experience
Challenge	2,5-3,5 km	difficult	short but technically demanding course for challengers
Ultra	3,0-5,0 km	difficult	technically demanding course for fans of orienteering adventures

There is no start time assignment for open classes, you can start at any time during two hours and thirty minutes of the start time (00-150').



Fees

	KM10-14 Rodzinna Enka	KM16-20 KM65 and older Krótka Średnia	KM21-60 Challenge Ultra
1st deadline 30.04.2025	20 PLN / stage 80 PLN / 4 stages	35 PLN / stage 140 PLN / 4 stages	50 PLN / stage 200 PLN / 4 stages
2nd deadline 21.07.2025	25 PLN / stage 100 PLN / 4 stages	40 PLN / stage 160 PLN / 4 stages	60 PLN / stage 240 PLN / 4 stages
late entry	30 PLN / stage 120 PLN / 4 stages	45 PLN / stage 180 PLN / 4 stages	70 PLN / stage 280 PLN / 4 stages

Payments

Dolnośląski Związek Orientacji Sportowej
ul. Borowska 1-3
50-529 Wrocław
Poland
IBAN : **PL87116022020000000230177716**
SWIFT: **BIGBPLPW**

Please include participant details (name and club) and "Sudety" word in bank transfer description.

The validity of the entry within a given deadline is determined by entry fee payment to the organizer's account, not by the fact of just registering an entry via entry system.

We allow payments also in Koruna česká (CZK) and Euro (EUR). Please find all entry fees and payment details on our website and choose the preferred currency.



WRE

3rd stage in KM21E classes will be a World Ranking Event race. KM21E competitors who want to be classified within the WRE during this stage, in addition to submitting the standard registration via the Polish Orienteering Association system, must also register for this race via IOF Eventor by **21.07.2025**:

<https://eventor.orienteering.org/Events/Show/8352>



Punching system

SPORTident system will be used for punching during the event. The stations will operate in AIR+ mode.

It is possible to rent a SPORTident card from the organizer for 5 PLN / stage. Please submit your request by e-mail (sudety@sudetycup.pl) by 21.07.2025 and make payment for the SPORTident card rental by bank transfer together with the entry fee payment.

Environment sustainability

Respecting the surrounding nature is extremely important, therefore during the competition we will try to reduce the negative impact of our event on the environment as much as possible - we will replace plastic with paper products where possible. You can also help us with this - bring your own reusable cups for water at the finish line.

Maps

All maps prepared according to ISOM 2017-2. Digital print, sealed in plastic bags.

1:10 000, e-5 m for KM10-45, Średnia, Challenge, Ultra
1:7 500, e-5 m for KM50-90, Rodzinna, Enka, Krótka

Start time requirements

We give you the opportunity to specify any needs of individually adjusted the start time at one or more stages which may be useful i.e. in case of child care. More details can be found at sudetycup.pl.

Stage classification

As part of the stage classification, winners of stages 1-3 of all classes will receive special awards. After stage 3 we will also award World Ranking Event TOP3 athletes in KM21E classes.

Prize

Gifts and diplomas for the TOP3 participants in each class in the general classification after four stages will be awarded.





Accommodation

We have prepared several accommodation options, but we particularly recommend those located right at the Event Center, namely at Schronisko „Orzeł” and its immediate vicinity. Here, you can choose between lodging in the shelter building or at the official Sudety Camp campsite. We have not forgotten camper vans enthusiasts either - there will be plenty of space for them as well. All of this is within 200 meters of the Event Center. Combined with excellent dining facilities, it guarantees not only a great sporting experience but also a charming, Sudety atmosphere.

Hard floor

The first option is accommodation on so-called “hard floor” at the Sport Hall in Walim (7 minutes drive from Event Center). There will be a huge gym with full sanitary facilities (toilets, showers). It is advisable to take your own mattress.

Accommodation will be available from Thursday afternoon and its capacity is limited to **100** people, so we take reservations on first come, first served basis. Please book your accommodation via online form available at sudetycup.pl.

Schronisko „Orzeł”

We offer accommodation at Schronisko „Orzeł”, featuring neat and comfortable hostel-style rooms with shared bathrooms located in the hallway. You can choose from 2-person, 3-person, 5-person or 6-person rooms, all available only as part of an HB package (breakfast and dinner buffets included in the price).

Accommodation will be available from Wednesday afternoon and its capacity is limited to **55** people, so we take reservations on first come, first served basis. Please book your accommodation via online form available at sudetycup.pl.

Sudety Camp

For those who wish to stay as close to nature as possible, we recommend the official Sudety Camp campsite, located right next to Schronisko „Orzeł” and the Event Center.

We guarantee access to electricity and sanitary facilities, including toilets and showers with hot water. Guests staying at Sudety Camp also have the option to purchase additional meals at Schronisko „Orzeł”, including breakfasts and/or dinners.

Accommodation will be available from Wednesday afternoon and its capacity is limited to **30** tents, so we take reservations on first come, first served basis. Please book your accommodation and meals via online form available at sudetycup.pl.





Camper vans

Camper vans enthusiasts will also find something for themselves – you are welcome to park your vehicle right next to Schronisko „Orzeł” and the Event Center.

We guarantee a parking space, access to electricity, water, and sanitary facilities, including toilets and showers with hot water. Guests staying in camper vans also have the option to purchase additional meals at Schronisko „Orzeł”, including breakfasts and/or dinners.

Accommodation will be available from Wednesday afternoon and its capacity is limited to **10** camper vans, so we take reservations on first come, first served basis. Please book your accommodation and meals via online form available at sudetycup.pl.

Parking

Due to very limited space at the Event Center, the default parking for vehicles belonging to guests staying at Sudety Camp or at Schronisko „Orzeł” will be located 700 meters from the shelter. Upon arrival, guests will be allowed to drive up to the shelter to unload their luggage and then park their vehicles in the designated parking area.

It is also possible to book a parking spot directly at the shelter for an additional fee (available only for guests staying at Sudety Camp or at Schronisko „Orzeł”). Reservations can be made via online form available at sudetycup.pl.

Accommodation price list

Accommodation	Location	Price [person/night]	Maximum capacity
Schronisko „Orzeł”	Event Center	150-170 PLN*	55 people
Sudety Camp	Event Center	30 PLN	30 tents
Camper vans	Event Center	50 PLN	10 camper vans
Hard floor	Boczna 8A, 58-320 Walim	25 PLN	100 people

Extra services

Service	Price	Remarks
Breakfast at Schronisko „Orzeł”	30 PLN	Buffet meal, only for guests staying at Sudety Camp or in camper vans
Dinner at Schronisko „Orzeł”	50 PLN	Buffet meal, only for guests staying at Sudety Camp or in camper vans
Parking at Schronisko „Orzeł”	25 PLN/ day	Only for guests staying at Schronisko „Orzeł” or at Sudety Camp, number of parking spots limited to 30

*The price includes accommodation with HB package (breakfast and dinner buffets).



JWOC 2027

Poland has been appointed JWOC 2027! It is the fourth time that the Junior World Orienteering Championships take place in Poland. The last JWOC was organized there in 2011, where Wejherowo, city in the very northern Poland hosted the championships. Now, young orienteers will travel to southern part of the country – the host town will be Polanica-Zdrój and all races will take place not further than 30 kilometers from there.

Sudety Cup is an excellent opportunity to start preparations for the championships. The 2025 edition will take place in the Sowie Mountains, just 30 kilometers from the areas planned for JWOC 2027. Participating in Sudety Cup will not only help you get familiar with similar terrain but also provide valuable experience and better preparation for competing at the world level.

Grand Prix Polonia

On July 26-28, just a few days before Sudety Cup, a 3-day Grand Prix Polonia orienteering event will take place near Jelenia Góra, just 80 km away. The convenient location and timing provide the perfect opportunity to organize an extended trip to our beautiful Sudety Mountains. When planning your competition calendar for 2025, we encourage you to consider participating in both events, along with additional training sessions in between.



Additional information

- The organizer provides medical care during the event.
- The organizer has a valid third party insurance.
- The organizer is not responsible for individual insurance of the participants.
- The organizer is not financially responsible for any items lost during the event.
- The organizer reserves the right to change the event program, as well as to cancel the event due to force majeure.
- The organizer reserves the right to the final interpretation of this Bulletin.
- By registering for the event you consent to the publication of your image on the website sudetycup.pl, in the organizer's social media and in other promotional materials.
- By registering for the event you accept this Bulletin.
- Further information about the event can be found at sudetycup.pl.

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WRE Appendix



Climate

Temperature for July in Rzezczka vary between 11 and 25 °C with an average of 17 °C. Average rainfall for July is 72 mm with 11 rainy days during a month. The weather can be anything from warm and sunny to windy and rainy. Please take into account that the race will be held between 700 and 1000 m a. s. l., so the weather conditions at start and finish can differ a lot and change rapidly.

Visas

According to current regulations, citizens of some countries must obtain a visa in order to enter Poland. Please check the following website for more information: <https://www.gov.pl/web/diplomacy/visas>
Visas should be applied for at your closest Polish embassy. Please note that conditions of entry may change. All participants are advised to keep themselves updated on the situation by consulting their local Polish embassy.

Transport

No transport offered by the organizers.

Winning time

30-35 minutes for both KM21E classes.

Training opportunities

Free training maps from previous editions of Sudety Cup are available on our website: <https://sudetycup.pl/en/maps/>
More information about other training opportunities will be published later at sudetycup.pl.

31.07-3.08.2025

**Sudety
Cup**

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Host



Sponsors



Stage sponsors



Partners



MAZURY CUP...→

2025 JELENIOWO

1/3

ZIMNA WODA

middle distance
4.07.2025

2/3

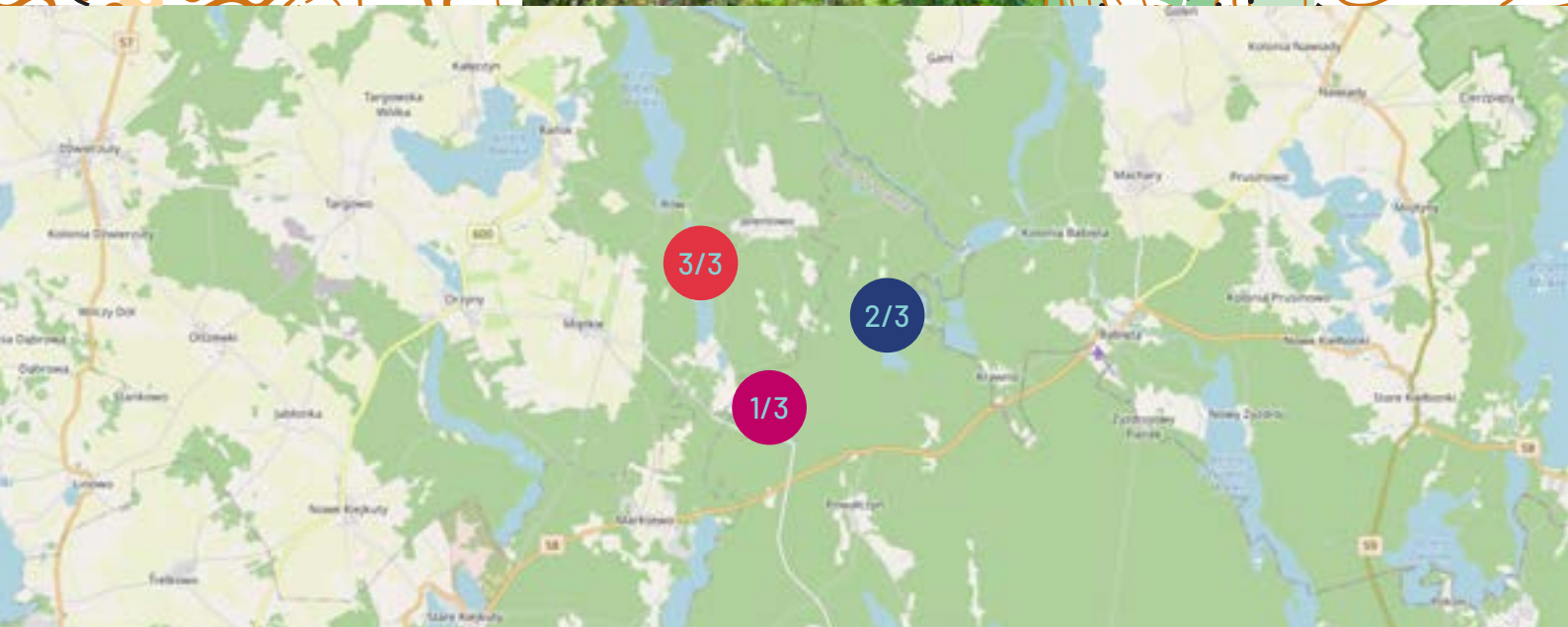
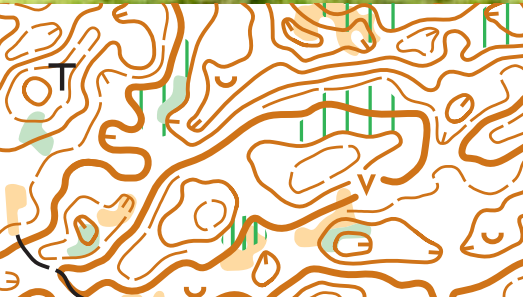
JEZIORO KRAWNO

long distance
5.07.2025

3/3

JEZIORO SŁUPEK

chasing start
6.07.2025



4-6.07.2025

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