

# MAZURY CUP...→



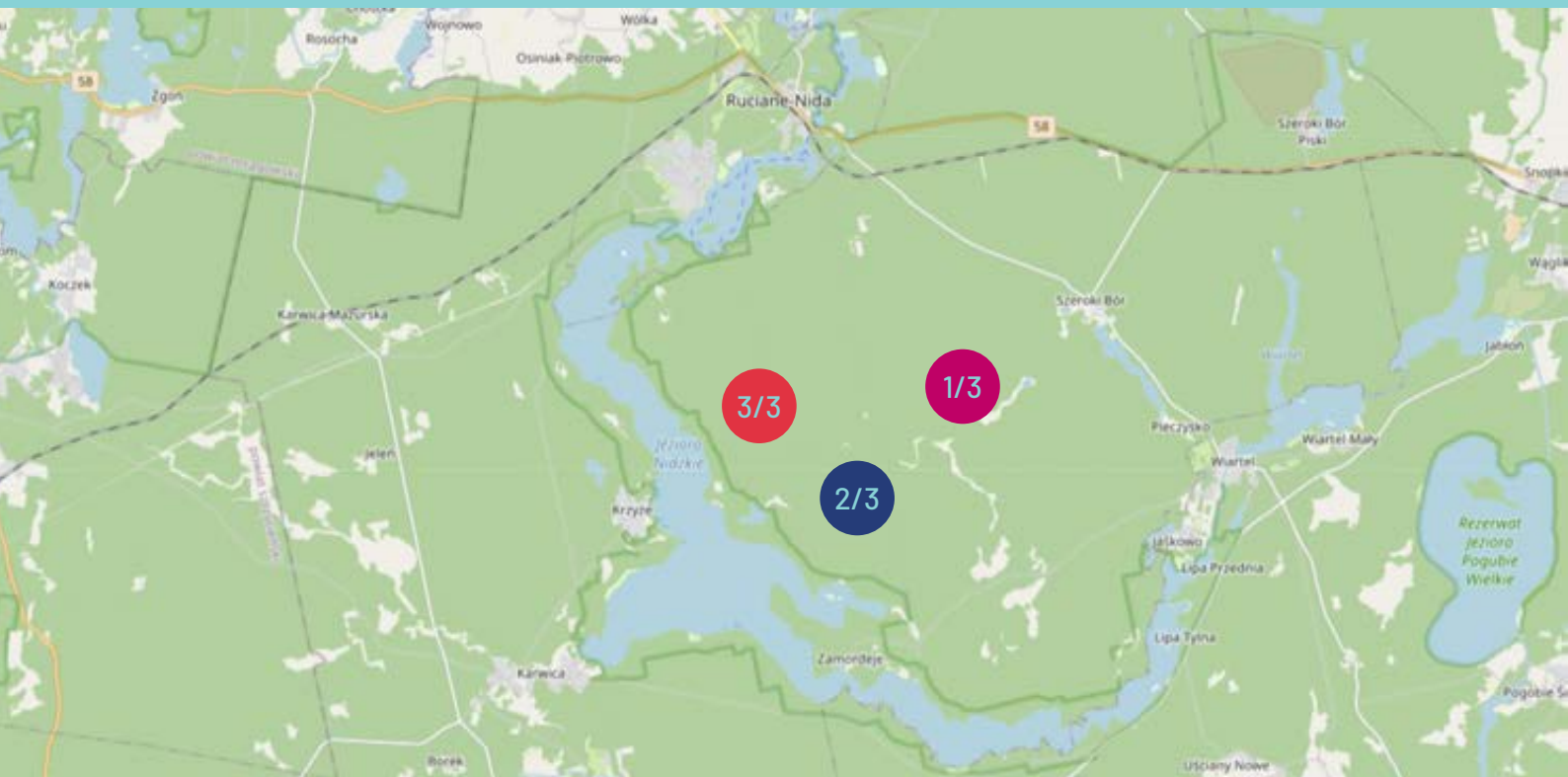


# ABSTRACT

Get ready for a true Masurian challenge! At the end of June we move from the western edge of Masuria straight into its very heart – to Ruciane-Nida and the Pisz Forest. This is terrain that does not pretend to be wild – it simply is wild. Harsh forests, marshy depressions and distinct post-glacial landforms will keep you fully focused from the first to the last stage. After the effort, the surround-

ings offer plenty of attractions and outdoor activities, so everyone will find something for themselves. Mazury Cup means serious running in terrain that quickly verifies every decision you make – and that is exactly why it stays in your memory for a long time.

- Wojtek Dwojak & Jacek Morawski





1/3

## JEZIORO MAŁZY

middle distance  
27.06.2026

2/3

## ZAMORDEJE MAŁE

long distance  
28.06.2026

3/3

## JEZIORO NIDZKIE

chasing start  
29.06.2026



## ORGANIZERS

Dolnośląski Związek  
Orientacji Sportowej  
ul. Borowska 1-3  
50-529 Wrocław, Poland

Fundacja  
Slow Event  
ul. Lindleya 16  
02-013 Warszawa, Poland

## PARTNERS

International Orienteering Federation  
Polish Orienteering Association  
UKS Technik Ruciane-Nida  
Forest Inspectorate Maskulińskie

## ORGANIZING COMMITTEE

Event Director  
Main Referee  
IOF Adviser/Controller  
Start  
SPORTident  
Cartography

Wojciech Dwojak  
Jacek Morawski  
Tadeusz Piłkowski  
Arleta Sosenko  
Marcin Leśnicki  
Wojciech Dwojak, Jacek Morawski



## EVENT RANK

3-stage individual national ranking  
event, KM21E classes with WRE  
status during stage 1.

27-29.06.2026

MAZ  
URY  
CUP...→

mazurycup.pl



## WATER

There will be self-service refreshment points during 2nd and 3rd stage located on several legs between controls and marked on the map. In addition, during 1st stage elite classes will have a refreshment point in approx. 75% of their courses. All refreshment points will provide potable water.

## START

	STAGE 01	STAGE 02	STAGE 03
<b>START 1</b> KM12-80, Średnia, Challenge, Ultra	1500 m	1400 m	1200 m
<b>START 2</b> KM10, Rodzinna, Enka, Krótka	600 m	800 m	100 m

During each stage the route to each start will be marked with red ribbons.

## SPORTIDENT

SPORTident system in AIR+ mode will be used for punching during the event.

## START PROCEDURE

- SI clear before start boxes
- 3' SI check
- 2' control descriptions
- 1' maps (athlete can take the map in the moment of the start - beep on the clock)
- 40-100 m marked route from timed start to start triangle

## TIME LIMIT

Stage 1	120 minutes
Stage 2	180 minutes
Stage 3	120 minutes

## MARKED COURSES

Enka and Rodzinna courses will be marked with orange ribbons.

Two maps will be prepared at the start for each registered competitor in Rodzinna class - one for the child, the other one for the parent.



## OPEN CLASSES

There is no start time assignment for open classes, you can start in the first two hours of the start time (00-120').

Participants competing in both sport classes and open classes with children are asked to do the sport classes course first in order to maintain fair play rules.

## CONTROL DESCRIPTIONS

Printed on the map and separate descriptions available at start.



## CHASING START

3rd stage will include a chasing start for all classes (apart from open classes). Competitors in each class will start in accordance with the following rules:

- the clock at the entrance to the first start box will be set to -5',
- the best competitor after two stages in each class starts as the first one,
- the next competitors in each class start according to the time losses to the leader (up to 30 minutes loss),
- competitors who are more than 30 minutes behind the leader after two stages start in the interval start.

The final order in the general classification of Mazury Cup in all classes with a chasing start during the 3rd stage will be determined by the punch time from the SPORTident FINISH station.

## WRE

1st stage in KM21E classes will be a World Ranking Event race. More information concerning the WRE can be found in the latter part of this bulletin.

## MAPS

### STAGE 01

### STAGE 02

### STAGE 03

**Rodzina,  
Enka, Krótka,  
KM50-80**

1:7 500  
e-2,5 m  
297x210 mm

1:7 500  
e-2,5 m  
297x420 mm

1:7 500  
e-2,5 m  
297x210 mm

**Remaining  
classes**

1:10 000  
e-2,5 m  
297x210 mm

1:10 000  
e-2,5 m  
297x420 mm

1:10 000  
e-2,5 m  
297x210 mm

All maps prepared according to ISOM 2017-2 in 2025. Digital print on water-proof paper.

Maps will not be collected at the finish, so please follow fair play rules and do not show the maps to competitors who have not already started.





## CAFETERIA

There will be a cafeteria during each stage at the Event Center. Simple barbecue dishes, snacks and drinks will be offered.

## KID'S ZONE

There will be Kid's zone with attractions for the youngest organized at each stage at the Event Center. Also, a special Mini-O course for children located next to the Event Center will be available. Both Kid's zone and Mini-O will be free of charge and available to all willing children without prior registration.

## TOILETS

During 1st and 2nd stage toilets will be located in the Event Centre. During 3rd stage toilets will be located near the parking area, along the route to Start 1.

## WASTE SEPARATION

Waste separation will be carried out during the event – clearly marked bins for bio, mixed, plastic, paper, and glass waste will be available in the Event Center. Please use them carefully and dispose of your waste in the appropriate containers – let's take care of the cleanliness and natural environment of the Masurian region together!

## FIRST AID

An ambulance with paramedics will be located in the Event Center near the finish line.

## ENVIRONMENT

Respecting the surrounding nature is extremely important, therefore during the competition we will try to reduce the negative impact of our event on the environment as much as possible – we will try to minimize the amount of generated waste and replace plastic with paper products where possible. You can also help us with this – bring your own reusable cups for water at the finish line.



## NATURE RESERVE

The Event Centre for 3rd stage is located within the Jezioro Nidzkie Nature Reserve. The event can be organized in this location thanks to the necessary permits and approvals that have been obtained. Therefore, we kindly ask all participants to strictly respect the applicable nature conservation regulations.

The route from the parking area to the Event Centre follows a designated path running along the boundary of the reserve. Please do not leave the marked route and do not enter any part of the nature reserve outside the Event Centre area.



## FEES

### KM10-14 Rodzinna Enka

### KM16-20 KM65 and older Krótka Średnia

### KM21-60 Challenge Ultra

#### 1st deadline 30.04.2026

25 PLN / stage  
75 PLN / 3 stages

40 PLN / stage  
120 PLN / 3 stages

55 PLN / stage  
165 PLN / 3 stages

#### 2nd deadline 15.06.2026

30 PLN / stage  
90 PLN / 3 stages

45 PLN / stage  
135 PLN / 3 stages

65 PLN / stage  
195 PLN / 3 stages

#### late entry

35 PLN / stage  
105 PLN / 3 stages

50 PLN / stage  
150 PLN / 3 stages

75 PLN / stage  
225 PLN / 3 stages

## PRIZE

Gifts and diplomas for the TOP3 participants in each class in the general classification after three stages will be awarded. All K10, M10, Enka and Rodzinna class participants will be awarded small gifts.

Prize-giving ceremony is scheduled for 14:00 on Sunday. Winners will be awarded in the following order: veterans, children, juniors, seniors.

## PAYMENTS

### Dolnośląski Związek Orientacji Sportowej

ul. Borowska 1-3  
50-529 Wrocław  
Poland

IBAN : **PL87116022020000000230177716**

SWIFT: **BIGBPLPW**

Please include participant details (name and club) and "Mazury" word in bank transfer description.

The validity of the entry within a given deadline is determined by entry fee payment to the organizer's account, not by the fact of just registering an entry via entry system.



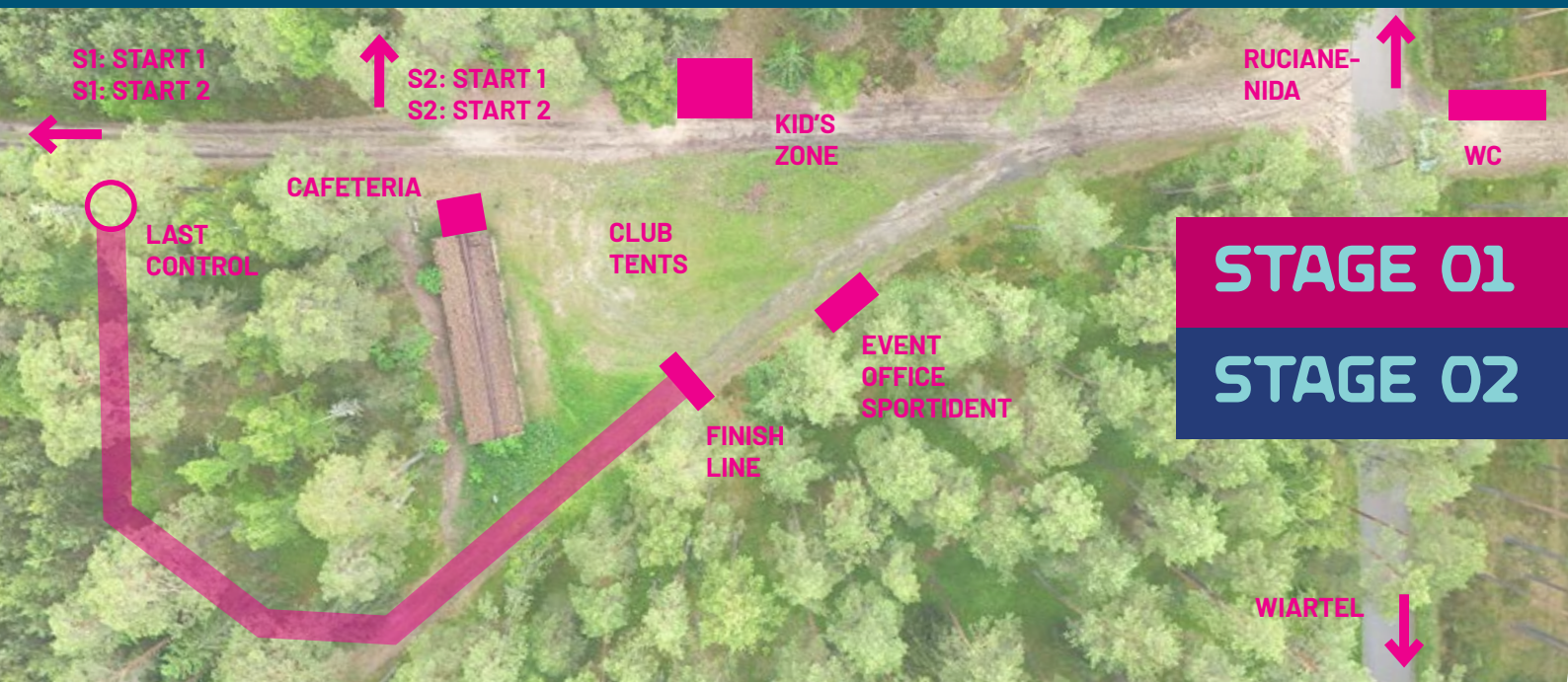
## ADDITIONAL INFORMATION

- The organizer provides medical care during the event.
- The organizer has a valid third party insurance.
- The organizer is not responsible for individual insurance of the participants.
- The organizer is not financially responsible for any items lost during the event.
- The organizer reserves the right to change the event program.
- The organizer reserves the right to cancel the event due to force majeure.
- The organizer reserves the right to the final interpretation of this Bulletin.
- By registering for the event you consent to the publication of your image on the website mazurycup.pl, in the organizer's social media and in other promotional materials.
- By registering for the event you accept this Bulletin.
- Further information about the event can be found at mazurycup.pl.

27-29.06.2026

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1/3  
**JEZIORO  
 MAŁZY**  
 middle distance  
 27.06.2026



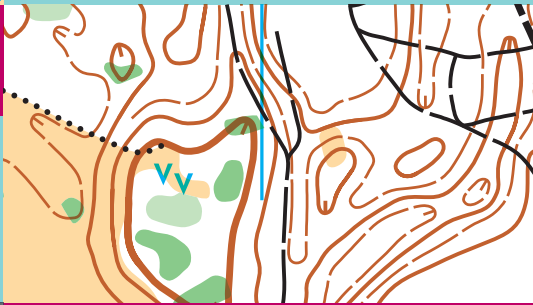
**LOCATION**

Czapla shed  
 GPS: 53.585971, 21.587606

The first stage will take you around Lake Małzy, where fast, runnable sections cut by a dense network of rides will alternate with large, swampy depressions full of varied vegetation. The terrain will demand careful map reading and strict control of pace which changes here almost step by step. It is a place full of natural obstacles and character, and with a bit of luck you may even spot a lynx which has been living in this area for years.

**PROGRAM**

15:00 first start  
 19:00 finish closing

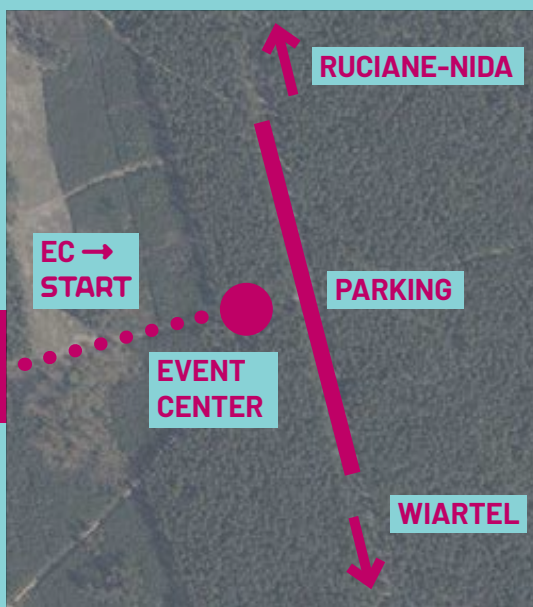


**START**

START 1 1500 m  
 START 2 600 m

**PARKING**

Free car parking located along the access road to the Event Center. Distance 100-500 m.

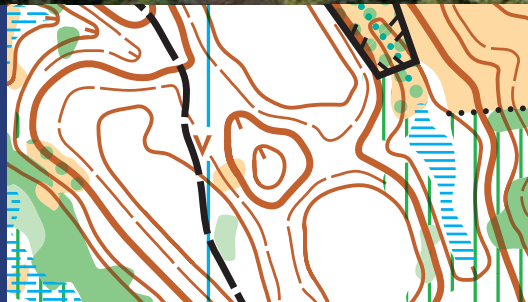




2/3

# ZAMORDEJE MAŁE

long distance  
28.06.2026



## LOCATION

Czapla shed  
GPS: 53.585971, 21.587606

During the second stage you will dive into one of the wildest parts of the Pisz Forest. Expect highly varied runnability - at times excellent, at times limited by lush vegetation and wet depressions. This is terrain that requires precise map reading and sound route choices. This long distance will reward consistency, endurance and the ability to adjust your rhythm throughout the entire race.

## PROGRAM

9:00 first start  
14:00 finish closing

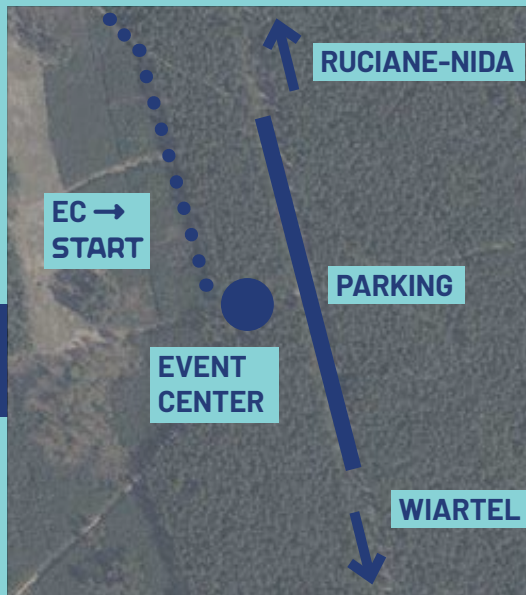


## PARKING

Free car parking located along the access road to the Event Center. Distance 100-500 m.

## START

START 1 1400 m  
START 2 800 m



27-29.06.2026



3/3

# JEZIORO NIDZKIE

chasing start  
29.06.2026



## LOCATION

Timber yard at Lake Nidzkie  
GPS: 53.598345, 21.537602

The third stage will bring the most exciting moments of the event. The chasing start will keep the tension high right until the very end. It will be a dynamic terrain with fast sections that require total control, and a single moment of hesitation may reshuffle the results. The closer you get to the shore of Lake Nidzkie, the more crucial quick and confident decisions become. The finish area by the lake will be the perfect culmination of the entire competition - a finale you will not forget.

## PROGRAM

9:00 first start  
12:30 finish closing



## PARKING

Free car parking located along the access road to the Event Center.  
Distance 900-1200 m.  
GPS: 53.594212, 21.548280

## START

START 1 1200 m  
START 2 100 m



# WRE APPENDIX



## VISAS

According to current regulations, citizens of some countries must obtain a visa in order to enter Poland. Please check the following website for more information:

<https://www.gov.pl/web/diplomacy/visas>

Visas should be applied for at your closest Polish embassy. Please note that conditions of entry may change. All participants are advised to keep themselves updated on the situation by consulting their local Polish embassy.

## ENTRIES

Nation	K21E	M21E
Czech Republic	1	3
Hong Kong		1
Latvia		1
Lithuania	1	2
Poland	7	15
<b>TOTAL</b>	<b>9</b>	<b>22</b>

## CLIMATE

Temperature for June in Ruciane-Nida vary between 15 and 29 °C with an average of 22 °C. Average rainfall for June is 34 mm with 14 rainy days during a month. The weather can be anything from warm and sunny to windy and rainy.

## TRANSPORT

No transport offered by the organizers.

## GPS-ENABLED DEVICES

GPS-enabled devices (watches etc.) can be carried provided that they are not used for communication or navigation.

## WINNING TIME

30-35 minutes for both KM21E classes.

## CONTROL DESCRIPTIONS

The dimensions of control descriptions are as follows:

K21E	6,0 x 15,0 cm
M21E	6,0 x 19,0 cm

## JURY

Ewa Bernaciak  
Karol Galicz  
Marek Wołowczyk

## TRAINING

We provide one training map that will allow you to get familiar with the specifics of Masuria terrain. At your disposal there is a PDF file with a sample course and OCAD files with the map and course. Training map files are available free of charge for self-printing:

<https://mazurycup.pl/en/trainings/>




































































































Also, we provide free training maps from previous editions of Mazury Cup available on our website:













































































































<https://mazurycup.pl/en/maps/>













































































































## COMPLAINTS

Complaints must be submitted in writing at the Event Office no later than 15 minutes after the full results have been published.

# COURSE DETAILS

	1/3 JEZIORO MAŁZY	2/3 ZAMORDEJE MAŁE	3/3 JEZIORO NIDZKIE
<b>K10</b>	 1,6 km  6 CP  20 m	 2,5 km  8 CP  30 m	 1,4 km  7 CP  25 m
<b>K12</b>	 2,1 km  8 CP  30 m	 3,3 km  11 CP  50 m	 2,6 km  9 CP  30 m
<b>K14</b>	 3,1 km  14 CP  50 m	 4,0 km  10 CP  55 m	 3,5 km  8 CP  60 m
<b>K16</b>	 3,6 km  15 CP  60 m	 5,1 km  13 CP  80 m	 4,4 km  12 CP  75 m
<b>K18</b>	 3,4 km  16 CP  65 m	 5,8 km  13 CP  90 m	 5,3 km  14 CP  85 m
<b>K20</b>	 4,1 km  17 CP  70 m	 7,2 km  17 CP  115 m	 5,6 km  14 CP  80 m
<b>K21</b>	 4,2 km  17 CP  75 m	 6,7 km  15 CP  95 m	 5,7 km  13 CP  85 m
<b>K21E</b>	 4,8 km  19 CP  85 m	 8,4 km  20 CP  130 m	 7,4 km  19 CP  120 m
<b>K35</b>	 3,4 km  16 CP  65 m	 5,8 km  13 CP  90 m	 5,3 km  14 CP  85 m
<b>K40</b>	 3,6 km  15 CP  60 m	 5,1 km  13 CP  80 m	 4,4 km  12 CP  75 m
<b>K45</b>	 3,3 km  15 CP  60 m	 4,7 km  12 CP  65 m	 4,8 km  13 CP  75 m

	1/3	2/3	3/3
	JEZIORO MAŁZY	ZAMORDEJE MAŁE	JEZIORO NIDZKIE
<b>K50</b>	 3,4 km  14 CP  60 m	 4,4 km  10 CP  60 m	 3,6 km  11 CP  65 m
<b>K55</b>	 3,0 km  13 CP  55 m	 3,8 km  9 CP  50 m	 3,4 km  8 CP  50 m
<b>K60</b>	 3,0 km  13 CP  55 m	 3,8 km  9 CP  50 m	 3,4 km  8 CP  50 m
<b>K65</b>	 2,7 km  11 CP  45 m	 3,6 km  8 CP  45 m	 2,9 km  7 CP  40 m
<b>K70</b>	 2,7 km  11 CP  45 m	 3,6 km  8 CP  45 m	 2,9 km  7 CP  40 m
<b>K75</b>	 2,1 km  11 CP  40 m	 2,6 km  7 CP  30 m	 2,3 km  8 CP  35 m
<b>M10</b>	 1,6 km  6 CP  20 m	 2,5 km  8 CP  30 m	 1,4 km  7 CP  25 m
<b>M12</b>	 2,1 km  8 CP  30 m	 3,3 km  11 CP  50 m	 2,6 km  9 CP  30 m
<b>M14</b>	 3,3 km  14 CP  50 m	 4,6 km  12 CP  70 m	 4,2 km  10 CP  60 m
<b>M16</b>	 4,2 km  17 CP  75 m	 6,7 km  15 CP  95 m	 5,7 km  13 CP  85 m
<b>M18</b>	 4,1 km  18 CP  75 m	 7,8 km  17 CP  120 m	 7,3 km  19 CP  115 m
<b>M20</b>	 4,7 km  20 CP  80 m	 9,2 km  20 CP  140 m	 7,5 km  18 CP  115 m

	1/3 JEZIORO MAŁZY	2/3 ZAMORDEJE MAŁE	3/3 JEZIORO NIDZKIE
<b>M21</b>	 4,8 km  19 CP  85 m	 8,4 km  20 CP  130 m	 7,4 km  19 CP  120 m
<b>M21E</b>	 6,0 km  26 CP  105 m	 12,2 km  25 CP  190 m	 9,5 km  26 CP  150 m
<b>M35</b>	 4,7 km  20 CP  80 m	 9,2 km  20 CP  140 m	 7,5 km  18 CP  115 m
<b>M40</b>	 4,5 km  15 CP  75 m	 8,2 km  20 CP  115 m	 6,7 km  17 CP  105 m
<b>M45</b>	 4,1 km  17 CP  70 m	 7,2 km  17 CP  115 m	 5,6 km  14 CP  80 m
<b>M50</b>	 4,1 km  18 CP  80 m	 6,7 km  16 CP  100 m	 4,9 km  13 CP  80 m
<b>M55</b>	 3,7 km  15 CP  70 m	 5,4 km  12 CP  80 m	 4,7 km  13 CP  70 m
<b>M60</b>	 3,3 km  15 CP  60 m	 4,7 km  12 CP  65 m	 4,8 km  13 CP  75 m
<b>M65</b>	 3,1 km  14 CP  50 m	 4,0 km  10 CP  55 m	 3,5 km  8 CP  60 m
<b>M70</b>	 3,0 km  13 CP  55 m	 3,8 km  9 CP  50 m	 3,4 km  8 CP  50 m
<b>M75</b>	 2,7 km  11 CP  45 m	 3,6 km  8 CP  45 m	 2,9 km  7 CP  40 m
<b>M80</b>	 2,1 km  11 CP  40 m	 2,6 km  7 CP  30 m	 2,3 km  8 CP  35 m

	1/3 JEZIORO MAŁZY	2/3 ZAMORDEJE MAŁE	3/3 JEZIORO NIDZKIE
<b>RODZINNA</b>	2,0 km 5 CP 20 m	2,0 km 6 CP 25 m	2,1 km 6 CP 35 m
<b>ENKA</b>	2,0 km 5 CP 20 m	2,1 km 6 CP 25 m	2,1 km 6 CP 35 m
<b>KRÓTKA</b>	2,4 km 8 CP 30 m	2,8 km 8 CP 30 m	2,6 km 7 CP 35 m
<b>ŚREDNIA</b>	3,0 km 10 CP 50 m	3,8 km 10 CP 75 m	3,8 km 8 CP 50 m
<b>CHALLENGE</b>	2,9 km 15 CP 60 m	4,1 km 11 CP 55 m	4,1 km 14 CP 70 m
<b>ULTRA</b>	4,0 km 18 CP 75 m	6,3 km 16 CP 100 m	5,7 km 17 CP 85 m

## SPONSORS

**hitmark  
= robotics**



## ORGANIZERS



DOLNOŚLĄSKI  
ZWIĄZEK  
ORIENTACJI  
SPORTOWEJ

**#slow  
event**



Lasy Państwowe



INTERNATIONAL ORIENTEERING FEDERATION

POLSKI ZWIĄZEK  
ORIENTACJI SPORTOWEJ **PZOS**

27-29.06.2026

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# Sudety Cup

# 2026

Orlickie Mountains  
Orlické hory

1/4

**Siwa Skala**

middle distance  
30.07.2026

2/4

**Góra Kłobuk**

long distance  
31.07.2026

3/4

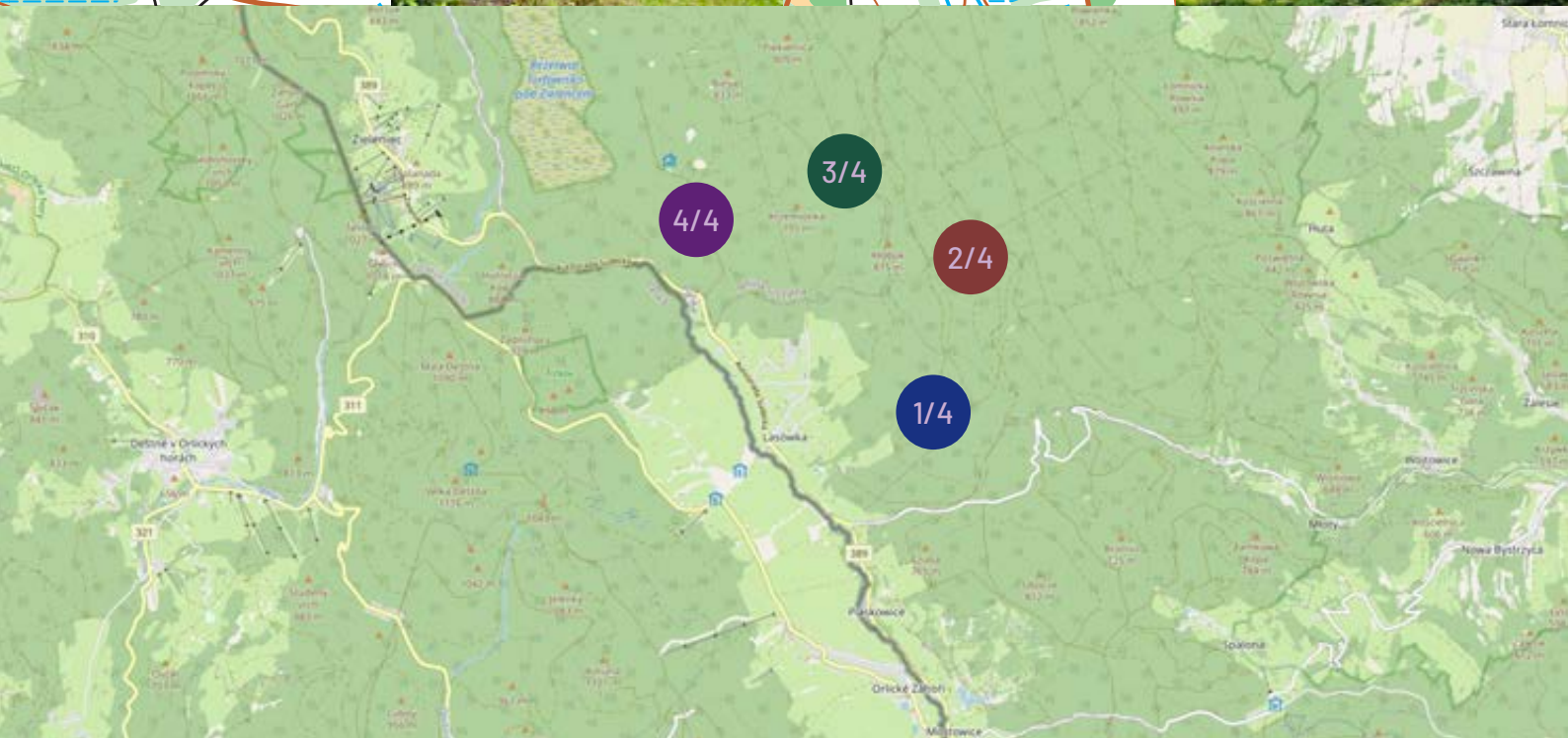
**Mostowy Potok**

middle distance  
1.08.2026

4/4

**Dzika Orlica**

chasing start  
2.08.2026



30.07-2.08.2026

Sudety  
Cup

[sudetycup.pl](http://sudetycup.pl)



# J<sup>WOC</sup> 2027

JUNIOR WORLD  
ORIENTEERING  
Championships  
July 11 ——— 17  
Dolny Śląsk ———  
POLAND ———

11-17.07.2027

J<sup>WOC</sup>  
2027

[jwoc2027.pl](http://jwoc2027.pl)



CX80 WORLD MASTERS  
**ORIENTEERING  
CHAMPIONSHIPS**  
PRZEWORSK - RZESZÓW  
7TH - 14TH AUGUST

5 STAGE OPEN COMPETITION  
**AZYMUT CUP**

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RUNNERS IN THE WORLD  
ENTRIES OPEN NOW

**CHECK US OUT AT  
WMOC2026.PL**



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in Poland2026**