



# Sudety Cup

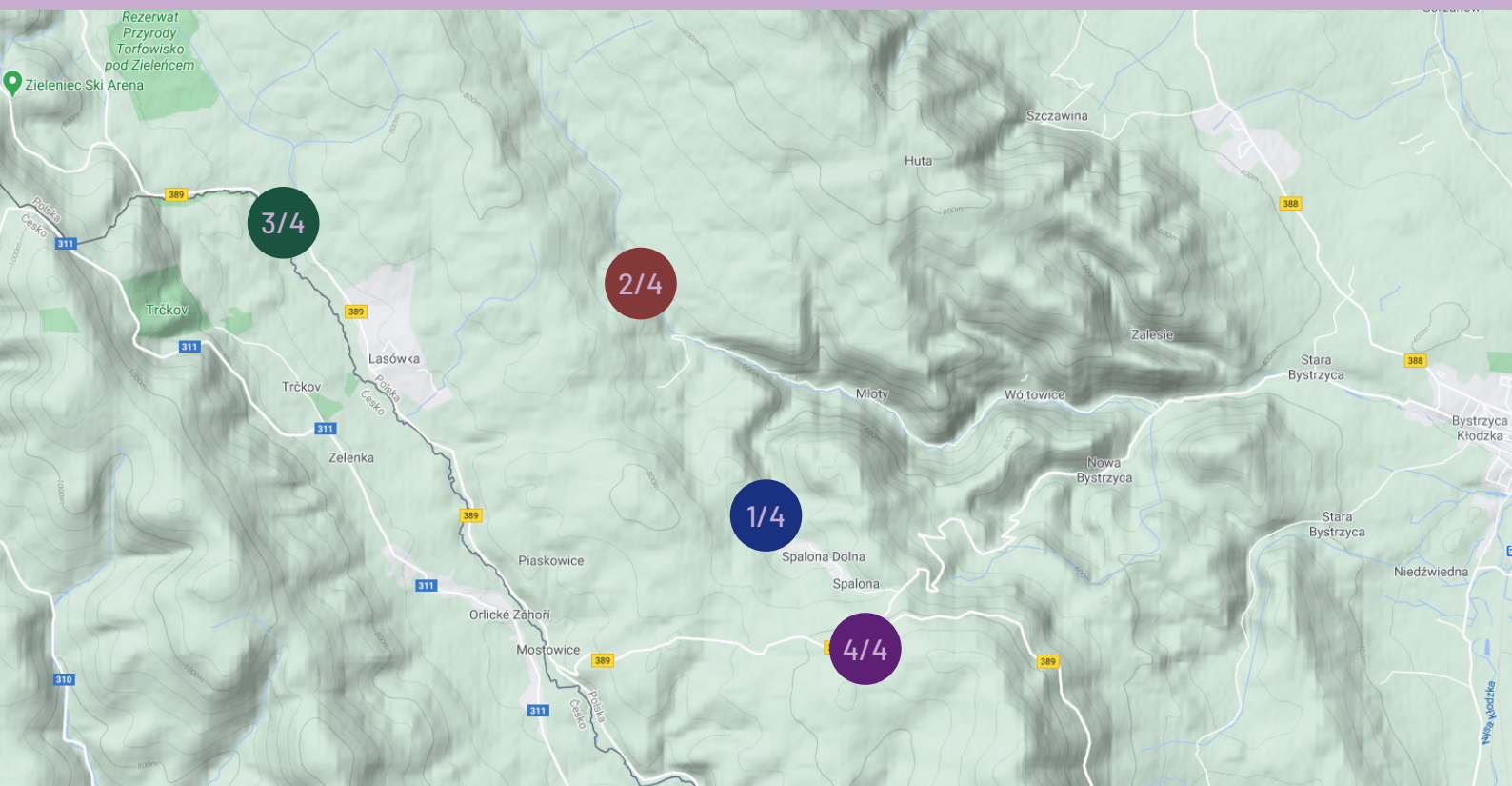


## Abstract

Welcome to our event! The beginning of this paragraph is not very original, but on the other hand, orienteering is a unique sport, so in the atmosphere of this uniqueness we would like to organize an event that you will remember for a long time. You, the participant of Sudety Cup, are in the center of our interests and we would like to serve you a vastness of unforgettable experiences. Idyllic atmosphere and respect for surrounding nature, all based

on exceptional care for the quality of maps and courses in great terrain - it all creates **#SlowEvent** slogan which will be followed from beginning until the end. It is because we know what are the crucial attributes of a good orienteering race.

- Wojtek Dwojak & Jacek Morawski



29.07-01.08.2021



[sudetycup.pl](http://sudetycup.pl)



1/4

## Spalona

middle distance  
29.07.2021

2/4

## Młoty

long distance  
30.07.2021

3/4

## Lasówka

middle distance  
31.07.2021

4/4

## Jagodna

chasing start  
01.08.2021



## Organizer

Dolnośląski Związek Orientacji Sportowej  
ul. Borowska 1-3  
50-529 Wrocław

## Organizing committee

Event director – **Wojciech Dwojak**  
Main referee – **Jacek Morawski**  
Start – **Arleta Sosenko**  
SPORTident – **Marcin Leńnicki**  
Cartography – **Wojciech Dwojak, Jacek Morawski**

## Partners

Polish Orienteering Association  
Bystrzyca Kłodzka  
Forest Inspectorate Bystrzyca Kłodzka  
Forest Inspectorate Zdroje

## Event rank

4-stage national ranking event.



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## Entries

The deadline for all entries is **19.07.2021**.  
Entries for all races are to be made via Polish Orienteering Association entry system:  
<https://orienteering.org.pl/pzos/entries>

## Cancellations

It is possible to modify your entry details free of charge (including its cancellation) until the end of an entry deadline. In case of entry cancellation after an entry deadline, we provide 50% refund.

## Classes

KM10, KM12, KM14, KM16, KM18, KM20, KM21, KM21E, KM35, KM40, KM45, KM50, KM55, KM60, KM65, KM70, KM75, KM80, KM85, KM90 (K classes for women, M classes for men)  
Open classes: Rodzinna (Family), Krótka (Short), Średnia (Middle), Długa (Long)  
*The organizer reserves the right to combine classes in case of small number of entries.*

## Fees

	1st entry deadline 30.04.2021	2nd entry deadline 19.07.2021	late entry
<b>KM10-KM16</b>	15PLN / stage	20PLN / stage	25PLN / stage
<b>Rodzinna, Krótka</b>	60PLN / 4 stages	75PLN / 4 stages	100PLN / 4 stages
<b>KM18 and older,</b>	30PLN / stage	40PLN / stage	50PLN / stage
<b>Średnia, Długa</b>	120PLN / 4 stages	150PLN / 4 stages	200PLN / 4 stages

*The validity of the entry within a given deadline is determined by entry fee payment to the organizer's account, not by the fact of just registering an entry via entry system.*

## Payments

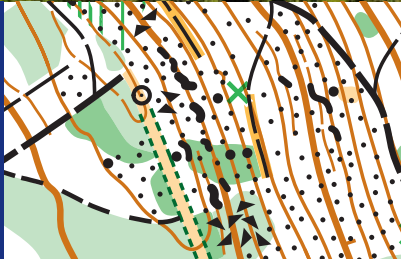
**Dolnośląski Związek Orientacji Sportowej**  
ul. Borowska 1-3  
50-529 Wrocław  
Poland  
IBAN : **PL8711602202000000230177716**  
SWIFT: **BIGBPLPW**

Please include participant details (name and club) in bank transfer description.

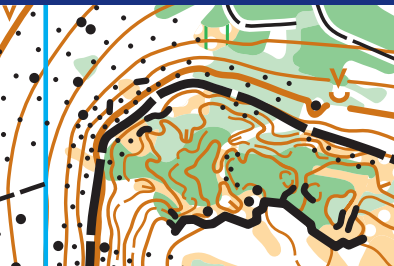


# Stage 1

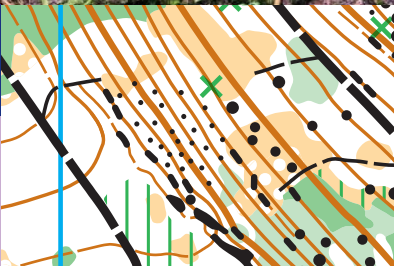
1/4  
**Spalona**  
middle distance  
29.07.2021



**Location**  
**Osmelakowa Dolina**  
GPS: 50.285871, 16.524738



**Program**  
16:00 first start  
20:00 finish closing



During the first stage you will face an explosive mixture – on the one hand, you will find high blueberry bushes and a stony terrain with numerous rocks, and on the other, areas of a very runnable forest where you will be able to reach amazing speed. In a word – the best of orienteering! It is worth adding that it will be the most rocky stage

during entire Sudety Cup with cliffs and pillars up to several meters high. For those who complete the course, a well-deserved rest will be waiting at the finish area located in the neighborhood of pond full of trout in a beautiful mountain valley.



**Map**  
1:10 000 / 5m  
ISOM 2017-2  
W. Dwojak, J. Morawski



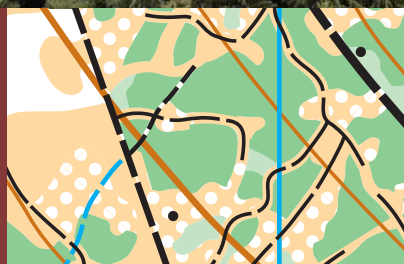
# Stage 2



2/4

## Młoty

long distance  
30.07.2021



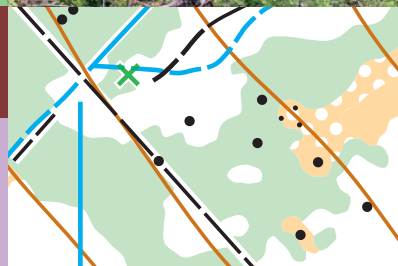
## Location

**Domek Myśliwski**  
GPS: 50.319577, 16.493091



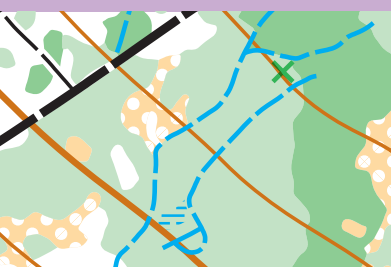
## Program

11:00 first start  
16:00 finish closing



The second stage is a real wilderness. Event center will be situated 1.5km from the car parking in a hunting lodge, located in the heart of the backwoods of Bystrzyckie Mountains where you will meet wild animals rather than humans. At this stage, it will be more green and marshy, and therefore - more technically. A moment of inattention

can cost you precious seconds during the race, although we have to admit that every minute spent in this area will be pure pleasure.



## Map

1:10 000 / 5m  
ISOM 2017-2  
W. Dwojak, J. Morawski



29.07-01.08.2021



# Stage 3

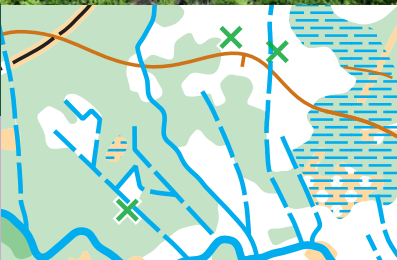
3/4  
**Lasówka**  
middle distance  
31.07.2021



**Location**  
Miejsce ogniskowe  
GPS: 50.321739, 16.437707



**Program**  
11:00 first start  
15:00 finish closing



After typical mountain stages, it is time for something much faster. The third stage will allow you to really speed up, the question is whether the fast legs will be followed by the fast brain? The area around Lasówka is highly variable, especially in the vegetation layer, which certainly makes it technically demanding. It is an area adjacent to the Nature Reserve of Peatbog near Zieleniec, therefore you can expect many wetlands, water channels, marshes and high blueberries.



**Map**  
1:10 000 / 5m  
ISOM 2017-2  
W. Dwojak, J. Morawski



# Stage 4



4/4

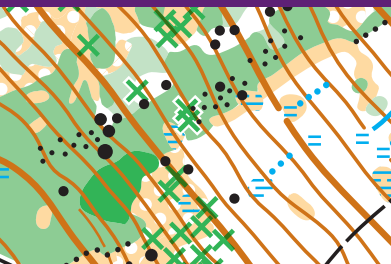
## Jagodna

chasing start  
1.08.2021



## Location

Schronisko PTTK Jagodna  
GPS: 50.276403, 16.538212



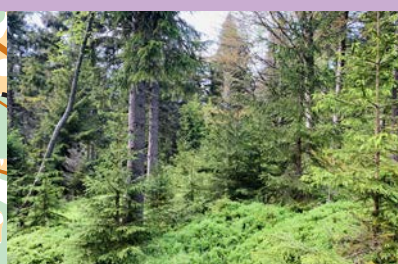
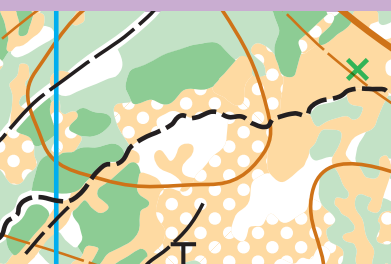
## Program

10:00 first start  
14:00 finish closing



The fourth stage is the essence of orienteering. During chasing start, apart from controlling your emotions, you will need a cold head - this stage will be the biggest technical challenge. As during the previous three stages, the key will be to do no mistakes in green areas, as well as to maintain height on the demanding slopes of the

Jagodna Massif. After the excitement of your run, you will be able to rest and eat well in a nearby mountain lodge, famous for its high-calorie cuisine.



## Map

1:10 000 / 5m  
ISOM 2017-2  
W. Dwojak, J. Morawski



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## *Punching system*

SPORTident system will be used for punching during the event. The stations will operate in AIR+ mode.

It is possible to rent a SPORTident card from the organizer for 5PLN / stage. Please submit your request by e-mail ([sudety@sudetycup.pl](mailto:sudety@sudetycup.pl)) by 19.07.2021.

## *Prize*

Gifts and diplomas for the TOP3 participants in each class in the general classification after four stages will be awarded.

## *COVID-19 policy*

In case of event cancellation due to any government restrictions connected with COVID-19 pandemic, the organizer will provide 100% refund of all paid entry fees.

## *Additional information*

- The organizer provides medical care during the event
- The organizer has a valid third party insurance
- The organizer is not responsible for individual insurance of the participants
- The organizer is not financially responsible for any items lost during the event
- The organizer reserves the right to the final interpretation of this Bulletin
- By registering for the event you accept this Bulletin
- Further information about the event can be found at [sudetycup.pl](http://sudetycup.pl)

