

The logo for 'Sudety Cup' is rendered in a light purple, stylized font. The word 'Sudety' is in a cursive script, and 'Cup' is in a bold, sans-serif font. A thick horizontal line underlines 'Cup', which then curves downwards and to the left, ending in an arrowhead pointing towards the left.

Sudety Cup

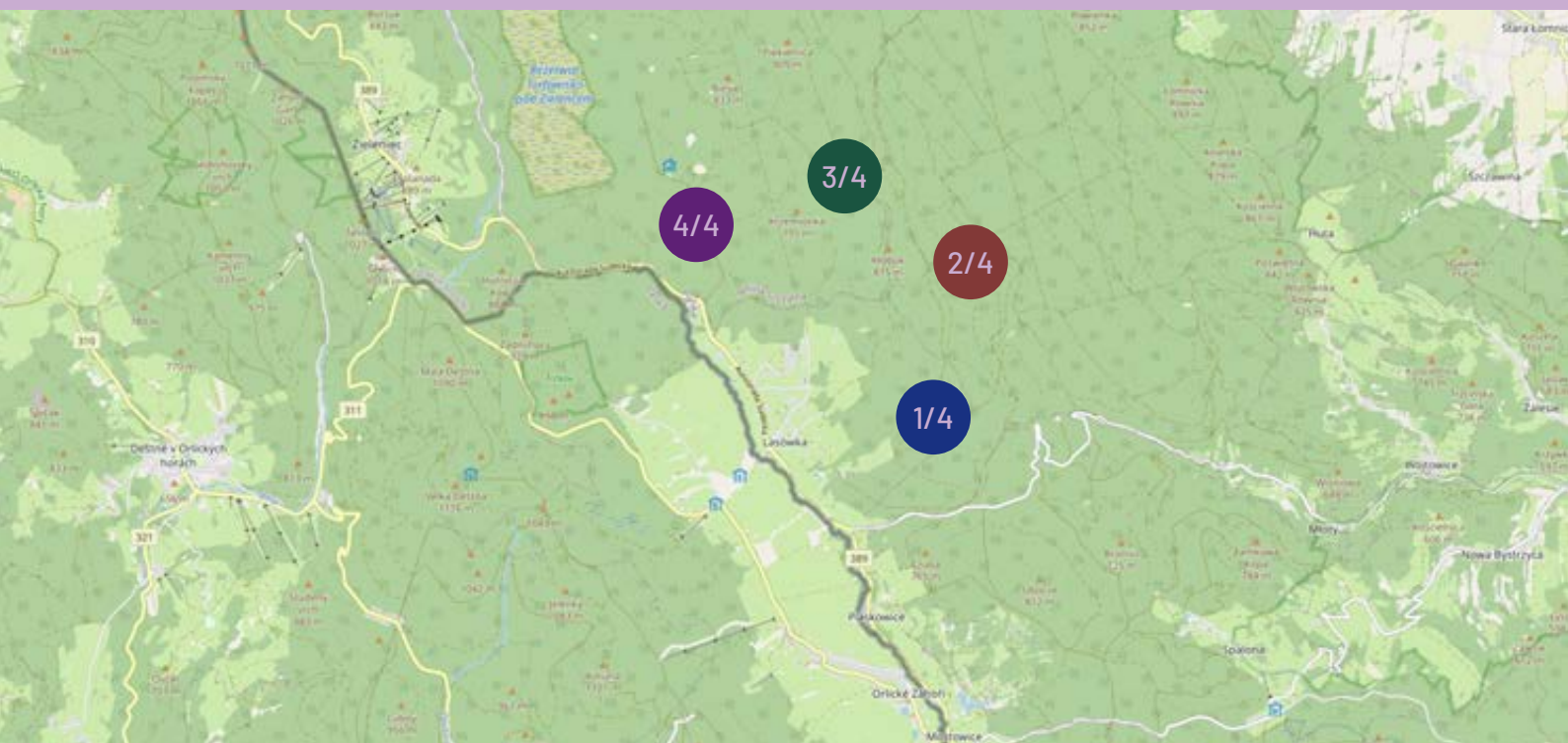


Abstract

Another edition of Sudety Cup is ahead of us and this time we return to where it all began - Lasówka. It was in these forests that the idea for the event was born, an event that each year attracts more and more people seeking genuine contact with nature and a peaceful, welcoming atmosphere. This year's edition once again takes you deep into the heart of Sudety wilderness - from the marshy, almost flat plain around Siwa Skała, through the route-choice-heavy slopes of Góra Kłobuk, to the mosaic landscape of

Mostowy Potok and the valley of Dzika Orlica where water, undergrowth and terrain details will test your focus and precision. Each stage has its own character, yet all share the same goal: quality - carefully crafted maps, thoughtful course setting and a unique atmosphere. We invite you to take part and rediscover the Sudety step by step, control by control. See you in Lasówka!

- Wojtek Dwojak & Jacek Morawski



30.07-2.08.2026

Sudety
Cup

sudetycup.pl



1/4

Siwa Skąta

middle distance
30.07.2026

2/4

Góra Kłobuk

long distance
31.07.2026

3/4

Mostowy Potok

middle distance
1.08.2026

4/4

Dzika Orlica

chasing start
2.08.2026



Organizer

Dolnośląski Związek Orientacji Sportowej
ul. Borowska 1-3
50-529 Wrocław, Poland

Co-organizer

Fundacja Slow Event
ul. Lindleya 16
02-013 Warszawa, Poland

Organizing committee

Event Director
Main Referee
IOF Adviser/Controller
Start
SPORTident
Cartography

Wojciech Dwojak
Jacek Morawski
Tadeusz Piłkowski
Arleta Sosenko
Marcin Leśnicki
Wojciech Dwojak, Jacek Morawski



Partners

International Orienteering Federation
Polish Orienteering Association
Bystrzyca Kłodzka Commune
State Forests
Forest Inspectorate Bystrzyca Kłodzka
Forest Inspectorate Zdroje



Event rank

4-stage individual national ranking event, KM21E classes with WRE status during 3rd stage.

30.07-2.08.2026



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1/4

Siwa Skąła

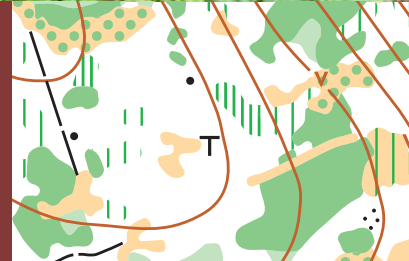
middle distance
30.07.2026



2/4

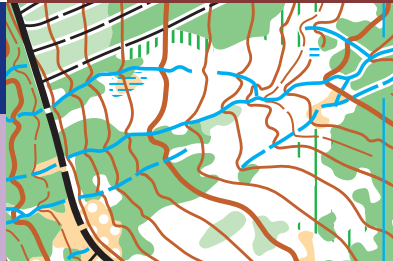
Góra Kłobuk

long distance
31.07.2026



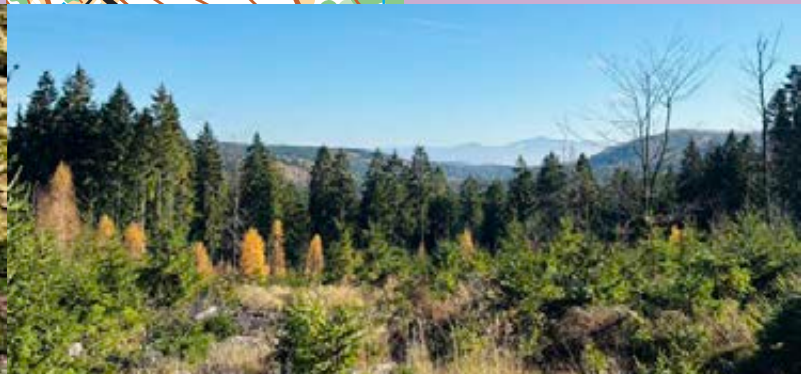
Program

15:00 first start
20:00 finish closing



Program

11:00 first start
16:00 finish closing



First stage takes you into the **mystical Sudety plain** – an almost flat yet surprisingly demanding area where every step can change the rhythm of your race. A dense network of ditches and marshy depressions will dictate its own cadence, while the shifting vegetation – from fast, white forest to thickets and overgrown rides – will require constant focus. In a landscape with almost no contour detail, the compass will become your most reliable ally as you navigate around the majestic Siwa Skąła.

Stage two takes you into a **land of demanding route choices** where the mountain character of the terrain requires full focus from the very first meters. Around the summit of Góra Kłobuk, you will encounter tightly packed contour lines and the deep valley with its stream will play a key role in shaping many route options. Variable runnability – from open forest to green thickets and overgrown strips – will limit visibility and slow your movement. As in any long distance, success will depend on calm, strategic route-choice decisions.



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3/4

Mostowy Potok

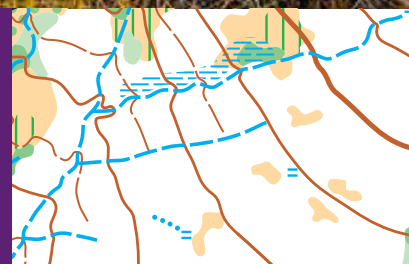
middle distance
1.08.2026



4/4

Dzika Orlica

chasing start
2.08.2026



Program

11:00 first start
15:00 finish closing



Program

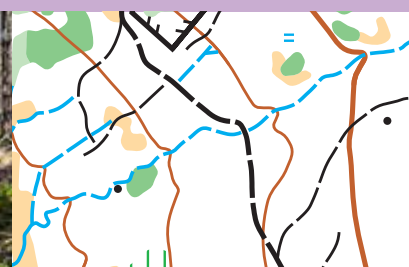
10:00 first start
14:00 finish closing



Third stage leads you through a **mosaic of subtle challenges** where moderately undulating terrain hides numerous watercourses along the valley of the Mostowy Potok. The shifting vegetation – fast forest mixed with thickets and small clearings – will significantly limit visibility and require frequent map contact. Marshy areas will become natural barriers while numerous point features will serve as valuable navigational anchors. This stage is part of the World Ranking Event (WRE), so precision and smooth navigation will be especially important.



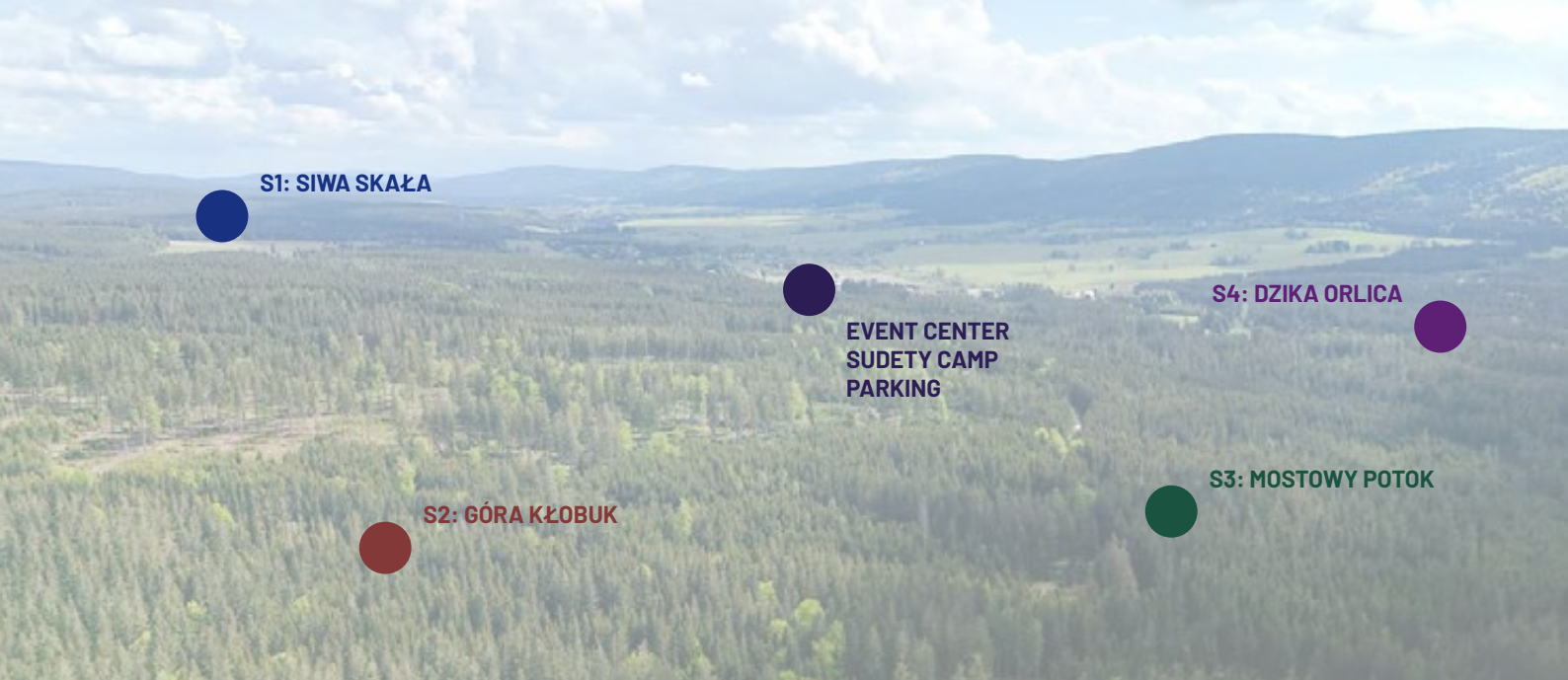
The final stage takes you into a **landscape of valleys and wetlands** where distinct relief and the dominant main valley will require repeated elevation changes. Runnability will shift from open forest to dense undergrowth and green strips that slow you down. The main challenge will be the marshy valley of Dzika Orlica where ditches and the central stream can easily disrupt your plans and block simple shortcuts. It is a demanding finale in which victory goes to those who can read the terrain as well as the map.



30.07-2.08.2026

Sudety
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S1: SIWA SKAŁA

S2: GÓRA KŁOBUK

EVENT CENTER
SUDETY CAMP
PARKING

S4: DZIKA ORLICA

S3: MOSTOWY POTOK

Location

The Event Center and the finish of all four stages will be located in the picturesque village of Lasówka, right next to the Polish-Czech border, in a peaceful valley surrounded by the vast forests of the Orlickie and Bystrzyckie Mountains. The atmosphere of Lasówka - with its mountain character and close connection to wild nature - will create a unique setting for the entire event and allow participants to fully focus on top-level competition.

Kid's zone

There will be Kid's zone with attractions for the youngest organized at each stage at the Event Center. Also, a special Mini-O course for children located next to the Event Center will be available. Both Kid's zone and Mini-O will be free of charge and available to all willing children without prior registration.

Parking

During the event, we provide free car parking located in the immediate vicinity of the Event Center.

Cafeteria

There will be a cafeteria during each stage at the Event Center. Simple barbecue dishes, snacks and drinks will be offered.

Sudety Camp

As in previous editions, we are planning to open Sudety Camp, a tent area and campervans zone located directly next to the Event Center. Full details, along with the reservation form, will be published within the next few weeks.



30.07-2.08.2026

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Entries

The deadline for all entries is **20.07.2026**. Entries are to be made via Polish Orienteering Association entry system: <https://orienteering.org.pl/pzos/entries>

Cancellations

It is possible to modify your entry details free of charge (including its cancellation) until **20.07.2026**. In case of entry cancellation after 20.07.2026 we do not provide any refund.

Sport classes

KM10, KM12, KM14, KM16, KM18, KM20, KM21, KM21E, KM35, KM40, KM45, KM50, KM55, KM60, KM65, KM70, KM75, KM80, KM85, KM90 (K for women, M for men)

The organizer reserves the right to combine classes in case of small number of entries.



Open classes

	Distance	Difficulty	Description
Rodzinna	1,5-2,0 km	easy	marked course for families (group/family participants)
Enka	1,5-2,0 km	easy	marked course for children (individual participants)
Krótka	2,0-3,0 km	easy	easy course for beginners who do not need marked course
Średnia	3,0-4,0 km	medium	for those who already have some orienteering experience
Challenge	2,5-3,5 km	difficult	short but technically demanding course for challengers
Ultra	3,0-5,0 km	difficult	technically demanding course for fans of orienteering adventures

There is no start time assignment for open classes, you can start at any time during two hours and thirty minutes of the start time (00-150').

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Fees

	KM10-14 Rodzinna Enka	KM16-20 KM65 and older Krótka Średnia	KM21-60 Challenge Ultra
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1st deadline 30.04.2026	25 PLN / stage 100 PLN / 4 stages	40 PLN / stage 160 PLN / 4 stages	55 PLN / stage 220 PLN / 4 stages
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2nd deadline 20.07.2026	30 PLN / stage 120 PLN / 4 stages	45 PLN / stage 180 PLN / 4 stages	65 PLN / stage 260 PLN / 4 stages
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late entry	35 PLN / stage 140 PLN / 4 stages	50 PLN / stage 200 PLN / 4 stages	75 PLN / stage 300 PLN / 4 stages
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Payments

Dolnośląski Związek Orientacji Sportowej
ul. Borowska 1-3
50-529 Wrocław
Poland
IBAN : **PL87116022020000000230177716**
SWIFT: **BIGBPLPW**

Please include participant details (name and club) and "Sudety" word in bank transfer description.

The validity of the entry within a given deadline is determined by entry fee payment to the organizer's account, not by the fact of just registering an entry via entry system.

We allow payments also in Koruna česká (CZK) and Euro (EUR). Please find all entry fees and payment details on our website and choose the preferred currency.

Model Event

The day before Stage 1, we invite you to the official Model Event which will take place between 15:00-18:00 on a new map located directly adjacent to the event area. Two courses will be available: Challenge - 3 km or Ultra - 4 km. SPORTident will be used. The cost of participation in the Model Event is **25 PLN** per person. Entries are to be made until **20.07.2026** via Polish Orienteering Association entry system:

<https://orienteering.org.pl/pzos/entries>

WRE

3rd stage in KM21E classes will be a World Ranking Event race. KM21E competitors who want to be classified within the WRE during this stage, in addition to submitting the standard registration via the Polish Orienteering Association system, must also register for this race via IOF Eventor by **20.07.2026**:

<https://eventor.orienteering.org/Events/Show/8757>

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Punching system

SPORTident system will be used for punching during the event. The stations will operate in AIR+ mode.

It is possible to rent a SPORTident card from the organizer for 5 PLN / stage. Please submit your request by e-mail (sudety@sudetycup.pl) by 20.07.2026 and make payment for the SPORTident card rental by bank transfer together with the entry fee payment.

Maps

All maps prepared according to ISOM 2017-2. Digital print on synthetic (waterproof) paper.

1:10 000, e-5 m for KM10-45, Średnia, Challenge, Ultra
1:7 500, e-5 m for KM50-90, Rodzinna, Enka, Krótka

Environment sustainability

Respecting the surrounding nature is extremely important, therefore during the competition we will try to reduce the negative impact of our event on the environment as much as possible - we will replace plastic with paper products where possible. You can also help us with this - bring your own reusable cups for water at the finish line.

Start time requirements

We give you the opportunity to specify any needs of individually adjusted the start time at one or more stages which may be useful i.e. in case of child care. More details can be found at sudetycup.pl.



Stage classification

As part of the stage classification, winners of stages 1-3 of all classes will receive special awards. After stage 3 we will also award World Ranking Event TOP3 athletes in KM21E classes.

Prize

Gifts and diplomas for the TOP3 participants in each class in the general classification after four stages will be awarded.



WMOC 2026

In 2026, Poland hosts the World Masters Orienteering Championships (WMOC) which will take place in Rzeszów from August 7-14. Sudety Cup is an excellent opportunity to prepare for this major event! The 2026 edition will be held one week before the championships and the maps for Sudety Cup were prepared by the WMOC cartographers.

Additionally, immediately following Sudety Cup - from Monday to Wednesday - we are organizing a series of training sessions (sprint and forest) held in the vicinity of Sudety Cup competition areas. These sessions will be a great opportunity for final preparations and fine-tuning before the WMOC. Detailed information will be available in March 2026 at sudetycup.pl.

JWOC 2027

For the fourth time in history, Poland has been selected to host the Junior World Orienteering Championships (JWOC). The last JWOC held in Poland took place in Wejherowo in 2011. This time, competitors will visit the south of the country - Polanica-Zdrój will serve as the host city and all races will take place not further than 30 kilometers from there.

Sudety Cup is a perfect opportunity to prepare for the championships. The 2026 edition will take place in areas directly adjacent to the terrain planned for JWOC 2027. Additionally, immediately following Sudety Cup - from Monday to Wednesday - the first official JWOC 2027 training camp will be held. Its main goal is to allow participants to get familiar with the terrain, gain valuable experience, and better prepare for world-class competition. More information is available at jwoc2027.pl.

Additional information

- The organizer provides medical care during the event.
- The organizer has a valid third party insurance.
- The organizer is not responsible for individual insurance of the participants.
- The organizer is not financially responsible for any items lost during the event.
- The organizer reserves the right to change the event program
- The organizer reserves the right to cancel the event due to force majeure.
- The organizer reserves the right to the final interpretation of this Bulletin.
- By registering for the event you consent to the publication of your image on the website sudetycup.pl, in the organizer's social media and in other promotional materials.
- By registering for the event you accept this Bulletin.
- Further information about the event can be found at sudetycup.pl.

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WRE Appendix



Climate

Temperature for July in Lasówka vary between 10 and 24 °C with an average of 15 °C. Average rainfall for July is 110 mm with 15 rainy days during a month. The weather can be anything from warm and sunny to windy and rainy. Please take into account that the race will be held between 700 and 900 m a. s. l., so the weather conditions at start and finish can differ a lot and change rapidly.

Visas

According to current regulations, citizens of some countries must obtain a visa in order to enter Poland. Please check the following website for more information:

<https://www.gov.pl/web/diplomacy/visas>

Visas should be applied for at your closest Polish embassy. Please note that conditions of entry may change. All participants are advised to keep themselves updated on the situation by consulting their local Polish embassy.

Transport

No transport offered by the organizers.

Winning time

30-35 minutes for both KM21E classes.



Training opportunities

Apart from the official Model Event available the day before Stage 1, free training maps from previous editions of Sudety Cup are available on our website:

<https://sudetycup.pl/en/maps/>



Host



Bystrzyca Kłodzka

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MAZURY CUP...→

2026

RUCIANE-NIDA

1/3

JEZIORO MAŁZY

middle distance
27.06.2026

2/3

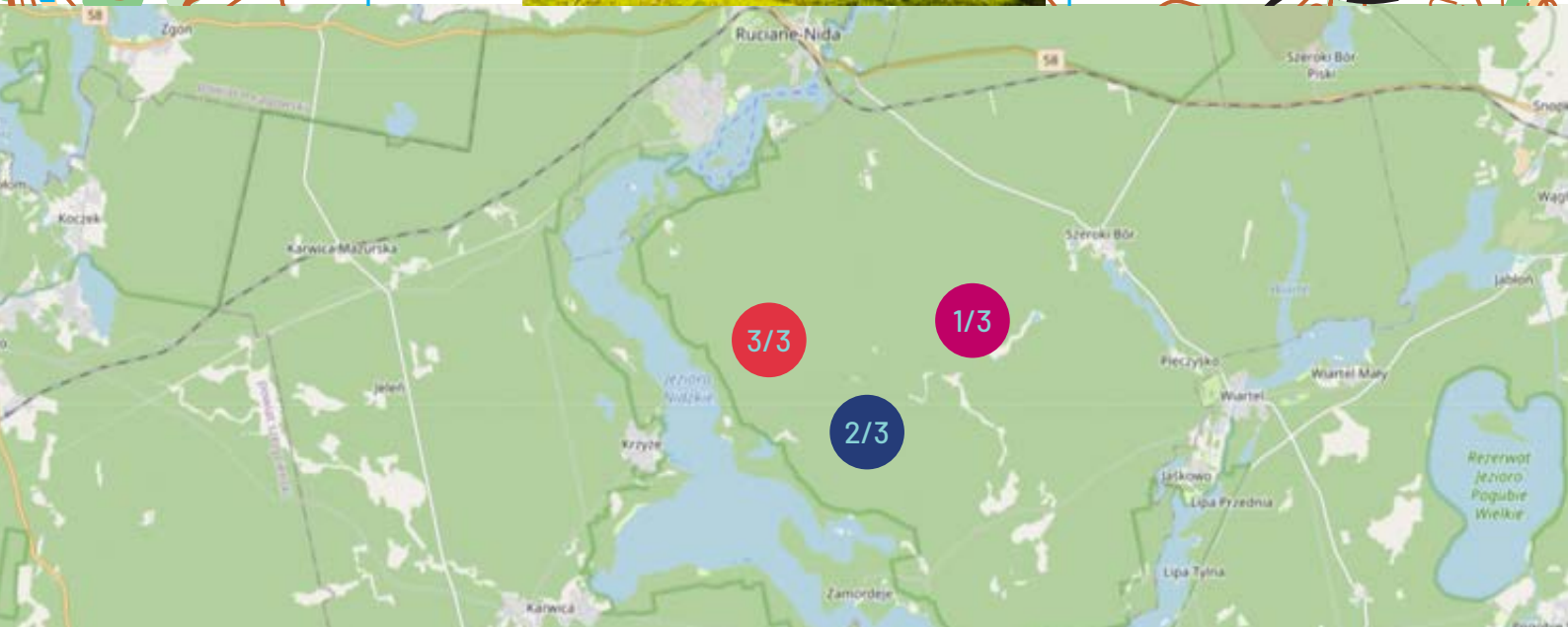
ZAMORDEJE MAŁE

long distance
28.06.2026

3/3

JEZIORO NIDZKIE

chasing start
29.06.2026



27-29.06.2026

MAZURY CUP...→

mazurycup.pl



J^{WOC} 2027

JUNIOR WORLD
ORIENTEERING
Championships
July 11 ——— 17
Dolny Śląsk ———
POLAND ———

11-17.07.2027

J^{WOC}
2027

jwoc2027.pl



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7TH - 14TH AUGUST

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in Poland2026**