

Pl	tno	Name	Time	4,2 km 160 m			16 C										
				1(49) 15(47)	2(32) 16(48)	3(33) Finish	4(50)	5(51)	6(41)	7(36)	8(37)	9(43)	10(38)	11(39)	12(40)	13(34)	14(52)
1		Hanna Wisniewska WKS Grunwald Poz	46:13	1:02 1:02	2:03 1:01	4:25 2:22	6:31 2:06	10:29 3:58	16:15 5:46	21:36 5:21	23:38 2:02	26:54 3:16	29:45 2:51	33:32 3:47	35:15 1:43	37:47 2:32	40:31 2:44
2		Ewa Bernaciak UKS Orientus Lodz	49:08	1:12 1:12	2:32 1:20	5:04 2:32	7:27 2:23	10:54 3:27	17:32 6:38	22:47 5:15	25:16 2:29	28:30 3:14	31:18 2:48	34:37 3:19	36:47 2:10	39:14 2:27	42:48 3:34
3		Agnieszka Mazurek WKS Slask Wroclaw	54:20	2:45 2:45	4:26 1:41	6:46 2:20	9:07 2:21	12:22 3:15	20:44 8:22	24:28 3:44	27:04 2:36	32:04 5:00	35:09 3:05	38:21 3:12	41:42 3:21	45:23 3:41	48:08 2:45
4		Aleksandra Hornik WKS Grunwald Poz	55:10	1:37 1:37	4:06 2:29	6:08 2:02	9:17 3:09	12:16 2:59	21:08 8:52	30:11 9:03	32:09 1:58	34:43 2:34	37:36 2:53	41:07 3:31	43:25 2:18	46:10 2:45	48:50 2:40
5		Mariya Polishchuk UNTS Warszawa	1:08:36	1:32 1:32	2:38 1:06	4:36 1:58	9:39 5:03	13:17 3:38	22:55 9:38	27:09 4:14	30:03 2:54	40:04 10:01	44:50 4:46	49:19 4:29	51:36 2:17	54:52 3:16	58:52 4:00
6	2	Karol Gmur WKS Slask Wroclaw	1:12:30	2:20 2:20	4:10 1:50	7:03 2:53	10:38 3:35	14:12 3:34	25:30 11:18	30:03 4:33	34:04 4:01	42:14 8:10	46:29 4:15	56:22 9:53	59:10 2:48	1:01:28 2:18	1:05:03 3:35
7		Dariusz Nadera UNTS Warszawa	1:13:35	1:46 1:46	3:39 1:53	11:45 8:06	15:30 3:45	20:33 5:03	29:53 9:20	34:47 4:54	38:04 3:17	43:24 5:20	48:23 4:59	53:10 4:47	56:21 3:11	59:58 3:37	1:04:04 4:06
8	1	Weronika Fortuniak UNTS Warszawa	1:18:24	2:39 2:39	4:24 1:45	11:20 6:56	14:41 3:21	18:57 4:16	29:08 10:11	34:01 4:53	37:55 3:54	42:11 4:16	46:38 4:27	50:21 3:43	53:13 2:52	58:09 4:56	1:03:55 5:46
9		Katarzyna Durzynsk HKS Azymut Mochy	1:20:38	2:24 2:24	4:07 1:43	6:43 2:36	10:18 3:35	14:09 3:51	34:24 20:15	39:13 4:49	41:46 2:33	52:08 10:22	56:57 4:49	1:01:10 4:13	1:03:40 2:30	1:06:54 3:14	1:10:47 3:53
		Katarzyna Slusarcz OK! Sport Warszaw	mp	1:17 1:17	2:34 1:17	5:00 2:26	7:11 2:11	10:43 3:32	17:56 7:13	21:25 3:29	24:10 2:45	26:53 2:43	29:58 3:05	32:53 2:55	35:27 2:34	38:23 2:56	41:01 2:38
		Zuzanna Parfianowi UNTS Warszawa	mp	1:47 1:47	4:29 2:42	6:45 2:16	9:38 2:53	13:20 3:42	21:10 7:50	25:38 4:28	29:45 4:07	34:04 4:19	38:10 4:06	41:55 3:45	45:00 3:05	1:26:08 41:08	-----
		Barbara Hoffmann KS Hades Poznan	dnf	1:49 43:31	3:56 48:48	7:56 49:36	13:52 5:04	18:34 4:42	32:40 14:06	-----	-----	-----	-----	-----	-----	-----	38:27 5:47
M21 (11)				1(31) 15(45)	2(32) 16(46)	3(33) 17(47)	4(35) 18(48)	5(34) Finish	6(36)	7(37)	8(38)	9(39)	10(40)	11(41)	12(42)	13(43)	14(44)
1		Wojciech Kowalski WKS Slask Wroclaw	47:46	1:35 1:35	2:48 1:13	4:35 1:47	5:38 1:03	12:48 7:10	17:42 4:54	19:25 1:43	23:59 4:34	26:02 2:03	28:01 1:59	29:47 1:46	31:45 1:58	35:47 4:02	37:03 1:16
2		Aleksander Bernaci WKS Slask Wroclaw	50:46	4:00 1:24	2:24 1:00	4:50 2:26	6:18 1:28	13:25 7:07	17:24 3:59	19:12 1:48	24:00 4:48	26:43 2:43	28:11 1:28	30:26 2:15	32:27 2:01	36:45 4:18	38:17 1:32
3		Bartosz Pawlak WKS Grunwald Poz	51:44	1:04 1:04	2:01 0:57	7:41 5:40	8:59 1:18	14:52 5:53	21:47 6:55	23:27 1:40	27:26 3:59	29:49 2:23	32:03 2:14	33:48 1:45	35:38 1:50	39:22 3:44	40:40 1:18
4		Mikolaj Krawczynsk WKS Slask Wroclaw	51:55	1:28 1:28	2:41 1:13	4:12 1:31	5:40 1:28	12:58 7:18	17:27 4:29	19:58 2:31	25:35 5:37	28:05 2:30	29:50 1:45	32:13 2:23	34:29 2:16	38:26 3:57	40:23 1:57
5		Piotr Parfianowicz UNTS Warszawa	52:29	1:09 43:51	2:26 46:35	4:22 49:36	5:34 52:04	12:57 52:28	17:22 4:25	19:18 1:56	25:28 6:10	29:01 3:33	30:41 1:40	32:38 1:57	34:38 2:00	38:14 3:36	39:57 1:43
6		Mikolaj Dutkowski WKS Slask Wroclaw	53:41	1:17 46:10	2:39 48:45	4:47 50:46	5:48 53:18	13:09 53:41	18:17 5:08	20:12 1:55	27:11 6:59	29:42 2:31	31:22 1:40	33:22 2:00	35:52 2:30	39:25 3:33	41:54 2:29

Pl	tno	Name	Time														
M21 (11)				5,0 km 225 m			18 C		<i>(cont.)</i>								
				1(31)	2(32)	3(33)	4(35)	5(34)	6(36)	7(37)	8(38)	9(39)	10(40)	11(41)	12(42)	13(43)	14(44)
				15(45)	16(46)	17(47)	18(48)	Finish									
7		Fryderyk Pryjma UNTS Warszawa	57:06	1:23	2:38	4:24	5:28	13:37	19:30	21:27	26:06	29:26	31:17	33:22	35:52	41:27	43:22
				1:23	1:15	1:46	1:04	8:09	5:53	1:57	4:39	3:20	1:51	2:05	2:30	5:35	1:55
				48:58	52:00	54:03	56:39	57:06									
				5:36	3:02	2:03	2:36	0:26									
8		Stanislaw Kurzyp WKS Slask Wroclaw	1:07:42	1:35	3:00	4:41	5:58	13:38	18:24	20:25	28:54	33:30	35:49	38:21	42:32	46:14	48:07
				1:35	1:25	1:41	1:17	7:40	4:46	2:01	8:29	4:36	2:19	2:32	4:11	3:42	1:53
				53:20	57:38	1:04:24	1:07:12	1:07:41									
				5:13	4:18	6:46	2:48	0:29									
9		Dawid Stefanski WKS Grunwald Poz	1:11:23	1:16	2:31	5:38	6:52	16:41	21:21	23:22	31:31	36:41	38:39	41:55	44:10	51:27	53:44
				1:16	1:15	3:07	1:14	9:49	4:40	2:01	8:09	5:10	1:58	3:16	2:15	7:17	2:17
				1:00:25	1:05:09	1:07:37	1:10:50	1:11:23									
				6:41	4:44	2:28	3:13	0:32									
10		Tomasz Jurczyk WKS Slask Wroclaw	1:33:39	1:49	3:06	4:42	6:25	20:45	26:12	28:33	57:35	1:00:45	1:04:38	1:07:22	1:09:58	1:14:46	1:17:35
				1:49	1:17	1:36	1:43	14:20	5:27	2:21	29:02	3:10	3:53	2:44	2:36	4:48	2:49
				1:23:00	1:27:26	1:30:13	1:33:10	1:33:38									
				5:25	4:26	2:47	2:57	0:28									
		Kacper Kuca UNTS Warszawa	dnf	1:34	2:39	4:22	5:39	13:04	17:28	19:18	26:14	28:43	43:15	-----	-----	-----	-----
				1:34	1:05	1:43	1:17	7:25	4:24	1:50	6:56	2:29	14:32				
				46:32	49:12	51:06	53:52	54:20			31:37	33:46	39:55	41:32			
				3:17	2:40	1:54	2:46	0:28			*41	*42	*43	*44			