



International Orienteering Event Pomorze Sprint Cup 2022 World Ranking Event

Grudziądz
3th – 5th June 2022
www.pomorzesprintcup.pl

Bulletin No. 1

1. Organizer

Uczniowski Międzyszkolny Klub Sportowy w Kwidzynie
(Interschool Student Sports Club in Kwidzyn)

82-500 Kwidzyn, ul. Warszawska 13, www.umkskwidzyn.pl

Co-organizer

Liga Obrony Kraju

86-300 Grudziądz, ul. Cegielniana 3

Municipal Office in Grudziądz

86-300 Grudziądz, ul. Ratuszowa 1

Polish Orienteering Association

00-024 Warszawa, Al. Jerozolimskie 30/21, www.orienteing.org.pl

2. Date and location

3th – 5th June 2022 - Grudziądz

3. Contact

Competition Director –Tomasz Müller– tel.+48 500 175 747, e-mail: bn0@umkskwidzyn.pl

IOF Advisor –Jerzy Antonowicz– tel.+48 603 923 897, e-mail: jerzy.antonowicz@gmail.com



4. Program

03/06/2022 (Friday)	S1 - Grudziądz (WRE)	16.30 – 18.30
04/06/2022 (Saturday)	S2 - Grudziądz	10.00 – 12.00
	S3 - Grudziądz	16.30 – 18.30
05/06/2022 (Sunday)	S4 – Grudziądz	10.30 – 12.30
	Prize-giving ceremony	13.00

5. Form of the competition

Three-day, four stages, individual sprint orienteering event. Included in the Polish Orienteering Association ranking, with a polish ranking index 1100.

2 World Ranking Event stages included. The organizers are waiting for the last permits to use the competition grounds and by 15/02/2022 at the latest, it will be confirmed which stages will be included in the World Ranking Event. This information will be posted on the event's website.

6. Maps

4 new maps of a new terrain that hasn't been used for orienteering competitions before, validity of all maps May 2022, standard ISSPrOM 2019.

7. Competition area

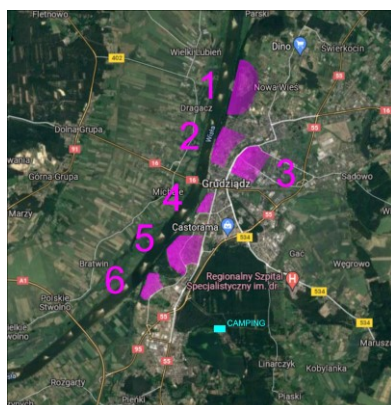
All courses will be set out in the urban area, using a part of the Old Town in Grudziądz and historic urban buildings as well as a housing estate with very irregular buildings along with a single-family housing estate located on a hill.



8. Embargoed areas

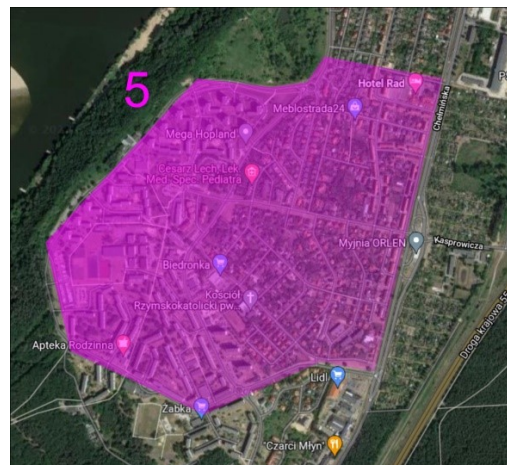
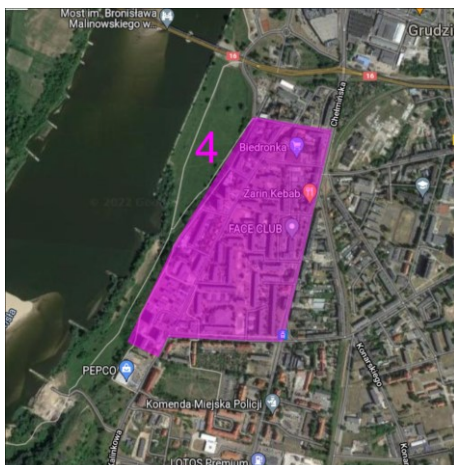
Designated areas in the administrative area of the city of Grudziądz, marked on the maps below, are subject to an embargo. Competitors, coaches and persons who may influence the results of the competition through their knowledge of the terrain are prohibited from entering the embargoed zones.

These areas are embargoed until the publication of Bulletin 2. Bulletin 2 will provide details of the competition grounds where the embargo will be maintained and the organizer's special rules on the day of the competition.

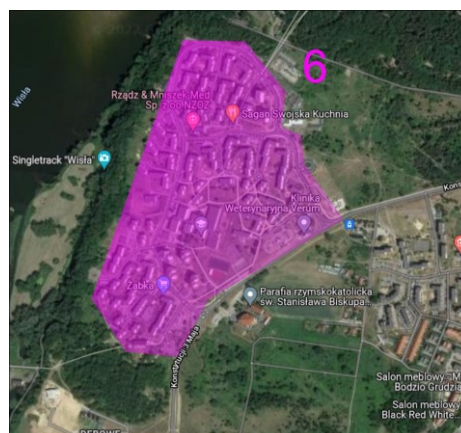




1. Historic part of the Grudziądz Fortress.
2. The Old Town in the area between the following streets: Zamkowa, Solna, Wybickiego, Kosynierów Gdyńskich, Sienkiewicza, 23 Stycznia Avenue and Królowej Jadwigi Avenue.
3. The area between the following streets: Piłsudskiego, Armii Krajowej, Kochanowskiego, Waryńskiego, Czarna Droga and Rapackiego.



4. Kopernika housing estate - the area between the following streets: Chełmińska, Bydgoska, Kalinkowa and Brzeźna.
5. Strzemięcín housing estate and Chełmińskie housing estate - the area between the following streets: Chełmińska, Wyspiańskiego, Śniadeckich and Stroma.



6. Rządź housing estate - the area between the following streets: Konstytucji 3 Maja and Jana III Sobieskiego.

9. Classes

Women – W10, W12, W14, W16, W18, W20, W21E (WRE), W21A, W35, W40, W45, W50, W55, W60, W65, W70, W75

Men – M10, M12, M14, M16, M18, M20, M21E (WRE), M21A, M35, M40, M45, M50, M55, M60, M65, M70, M75, M80, M85, M90

Open classes:

- 10R - Family (very easy and short, for beginners and families with children).
- Short - easy and short, for beginners.
- Middle - more difficult, longer, for intermediate runners.

The organizers reserve the right to combine categories in the case of a small number of participants. All athletes in W21E and M21E classes need to have an IOF athlete's license to participate in WRE.

10. Entries and entry deadlines

The first entries deadline: **15/04/2022**

Entries deadline: **16/05/2022**

One of the stages will be held in a historic area belonging to the Polish Army. Due to the procedures of the Military Counterintelligence Service, it will not be possible to register runners who do not have Polish citizenship after the deadline.

Applications for all categories will be accepted via the application form on the PZOS website <https://orienteering.org.pl/pzos/entries>

Competitors of the W21E and M21E categories for WRE runs must also enter the IOF application form: [IOF Eventor - Event information: Pomorze Sprint Cup 2022 \(orienteering.org\)](#)

Applications after May 16, 2022, possible only for competitors with Polish citizenship and only in case of vacant places.

11. Punching system

SPORTident Air+ punching system will be used during the entire competition.

12. Fees (in PLN)

Classes	1 st deadline – 16/04/2022		2 nd deadline – 16/05/2022		After deadline	
	1 stage	4 stages	1 stage	4 stages	1 stage	4 stages
W/M 10N, 10R, W/M10	20	60	30	90	40	120
W/M12-16	30	90	40	120	50	150
W/M 18+, Short, Middle	40	120	50	150	60	180
W/M 21E	55	165	75	225	90	270
* Residents	25	75	30	90	40	120

The competition entry is valid upon payment of the entry fee. The date of the registration is the payment date.

* Grudziądz residents, without the PZOS (Polish Orienteering Association) licence.



Attention!

Participants who registered and pay the entry fee in 1st deadline (until April 15, 2022) and who are ranked in the top 20 of Sprint World Ranking valid on March 31, 2022, will be given 75% discount on the entry fee.

Participants who registered and pay the entry fee in 1st deadline (until April 15, 2022) and who are ranked 21-50 of Sprint World Ranking valid on March 31, 2022, will be given 50% discount on the entry fee.

- a) Registrations and payments after 16/05/2022 – 2nd deadline fee + 50 %
- b) Withdrawal from the competition until 16/05/2022 – return of 50% fee; after the deadline payments are not refundable
- c) Renting an SI card – PLN 10,00 for 1 stage, PLN 30,00 for 4 stages
- d) Losing the rented SI card – PLN 300,00
- e) Change of a participant, change of category or SI card number after 16/05/2022 – PLN 10,00
- f) Underage individual participants can compete only upon a written consent of their legal guardians (available at www.pomorzesprintcup.pl under "Biuletyn" tab), delivered by a legal guardian to the event office – it is a condition of issuing the starting materials.

13. Payment

All payments must be sent to the account:

UMKS Kwidzyn, ul. Warszawska 13, 82-500 Kwidzyn

Santander Bank Polska S.A. O/Kwidzyn, SWIFT/BIC WBK PPL PP

IBAN PL 93 1090 2620 0000 0001 1800 4820

With the transfer title: Entry fee "Pomorze Sprint Cup 2022" and your club name.

14. Accommodation and food

The organizers make an effort to mediate in the organization of accommodation and meals in the boarding school building in the vicinity of the center of Grudziądz, as well as in summer houses and camping (for tents and caravans) in the immediate vicinity of Rudnickie Lake. More information will be available on the organizer's website.

15. Prizes in general classification (sum of times from 4 stages)

Classes W/M10 - K/M 14 – for places 1-3 diplomas and small prizes

– for places 4-6 diplomas

Classes W/M35+ – for places 1-3 diplomas and small prizes

Classes **W/M 16, 18, 20, 21E** – for places 1-3 diplomas and financial prizes

All Classes: for places – for places 1-3 souvenir statuettes or medals

10R – all competitors diplomas and small gifts

Open 1, Open 2 – for places 1-3 diplomas and small prizes

16. Team classification

The team classification includes the results from stage 1, 2 and 3 of the competition.

At each stage, 12 best competitors in all age categories score points.

The contestants are awarded points according to the key:

Place	1	2	3	4	5	6	7	8	9	10	11	12
Points	15	12	10	9	8	7	6	5	4	3	2	1



Detailed rules and regulations of the team classification can be found on the competition website www.pomorzესprintcup.pl in the tab 'Newsletters'.

17. Rules and general information

16.1 Competition rules that apply are the following: The Competition Rules for IOF Foot Orienteering Events, valid from 1 January 2022.

16.2 Anti-doping

Doping is forbidden. "Think positive – test negative"! IOF Anti-Doping Rules apply, valid as of January 1, 2022.

By entering the competition, the athletes and coaches will confirm that they are subject to sanctions in the event of any doping offence. The team leader will have to sign for the whole team.

16.3 Climate

Average temperature in Grudziądz at the beginning of June lies between 20 and 30° C in daytime.

16.4 VISA PERMITS

The prerequisite for entering Poland is a valid passport. For travelers from certain countries a visa or further documents are required.

Please check with your embassy if you need visa permits.

18. Additional information

- all participants compete at their own risk
- participants registering for Pomorze Sprint Cup 2022 agree to have their image, name and surname, and year of birth published in the media coverage as well as results, final protocols and marketing materials of the competition.
- participants are responsible for their own insurance
- the organizer provides medical care during every stage of the competition
- there will be a free kindergarten for participants' children available during every stage of the competition in the event centre
- all athletes and coaches are obliged to comply with the rules applicable in Poland on the day of the competition, regulations related to counteracting COVID-19

**We kindly invite you and look forward to seeing you in Grudziądz.
ORGANIZERS**

